



Chronic Illness Benefit medicine list (formulary) 2019

Who we are

The Anglovaal Group Medical Scheme (referred to as 'the Scheme'), registration number 1571, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as 'the administrator') is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Anglovaal Group Medical Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

Anglovaal Group Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Contact us

You can call us on **0860 100 693** or visit www.avgms.co.za for more information.



Explanation of terms

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2019 only.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.



The CDL medicine list for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R200	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R190	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R485	Adrenergics: Long acting - Salmeterol	Salmeterol	Serevent accuhaler 60 dose 50mcg
				Serevent CFC free 120 dose 25mcg
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Venteze CFC free 200 dose 100mcg
	R155	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R305	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R305	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R250	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
				Ipvent HFA 200 dose 40mcg/dose
	R305	Inhaled Glucocorticoids	Beclomethasone	Beceze CFC free 200 dose 100mcg
				Beclate 200 dose 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
				Pulmicort turbuhaler 200 dose 100mcg; 200mcg
			Ciclesonide	Ciclovent 60 dose 80mcg; 160mcg
			Fluticasone	Flixotide CFC free 120 dose 50mcg; 125mcg; 250mcg
	Mometasone	Asmanex twisthaler 30 dose 200mcg/dose; 400mcg/dose		
		Asmanex twisthaler 60 dose 200mcg/dose; 400mcg/dose		
	R355	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
R355	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg; 184/22mcg	
R350	Surgical item	Inhaler device	Dp haler device	
R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R160	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Arrow Citalopram 40mg
				Cilate 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Marprem 20mg
				Zitolex 10mg; 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine Actor 20mg
				Prolax 20mg
				Ranflocs 20mg
				Zydu-Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serdep 50mg; 100mg
				Serlife 50mg; 100mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Epilazine CR 200mg; 300mg; 500mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R415	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamidus 50mg
				Lamitor 25mg; 50mg; 100mg; 200mg
R945	Anti-psychotics: Clozapine	Clozapine	Cloment 25mg; 100mg	
R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R600	Anti-psychotics: Olanzapine	Olanzapine	Olwin 5mg; 10mg	
			Olwin oradispersible 5mg; 10mg	
			Olexar 5mg; 10mg	
			Prexolan 5mg; 10mg	
			Prexolan ODT 5mg; 10mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R600	Anti-psychotics: Olanzapine	Olanzapine	Redilanz 5mg; 10mg
				Zylena 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Quetiapine Biotech 300mg
				Serez 25mg; 100mg; 200mg; 300mg
				Spec Quetiapine 25mg; 100mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R505	Other anti-psychotics	Aripiprazole	Arizofy 5mg; 10mg; 15mg
				Risperidone
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispevon 1mg; 2mg; 3mg; 4mg	
Rispide 0.5mg; 1mg; 2mg				
Zoxadon 0.5mg; 1mg; 2mg, 3mg, 4mg				
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Venteze CFC free 200 dose 100mcg
	R250	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
				Ipvent HFA 200 dose 40mcg/dose
	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
Cardiac failure	R115	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Pharmapress co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
				Zestoretic 10/12.5mg; 20/12.5mg
				Perindopril and diuretics
			Ciplasyl Plus 4/1.25mg	
			Circator Plus 4/1.25mg	
			Pearinda Plus 4/1.25mg	
			Perindopril co Unicorn 4/1.25mg	
			Prexum Plus 5/1.25mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R115	ACE inhibitors and diuretics	Perindopril and diuretics	Vectoryl Plus 4/1.25mg	
	R100	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	
			Enalapril	Alapren 5mg; 10mg; 20mg	
				Enalapril Biotech 5mg; 10mg; 20mg	
				Enalapril Unicorn 10mg; 20mg	
				Hypace 5mg	
			Lisinopril	Austell-Lisinopril 10mg; 20mg	
				Sinopren 5mg; 10mg; 20mg	
			Perindopril	Ciplasyl 4mg	
				Circator 4mg; 8mg	
				Pearinda 4mg; 8mg	
				Perindopril Unicorn 4mg; 8mg	
				Prexum 5mg; 10mg	
	Ran-Perindopril 4mg				
	Reprex 4mg; 8mg				
	Spec-Perindopril 4mg; 8mg				
	Quinapril	Accumax 10mg; 20mg			
	R260	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg	
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
				Carvetrend 6.25mg; 12.5mg; 25mg	
				Vediblok 6.25mg; 12.5mg; 25mg	
	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg	
				Netrasol co 50/12.5mg; 100/25mg	
				Zartan co 100/25mg	
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg	
	Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg				
	R120	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
				Losartan	Annin 100mg
					Ciplazar 100mg
					Zartan 100mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg	
				Sandoz Hydralazine 25mg	
R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisacor 5mg; 10mg		
			Betacor 5mg; 10mg		
			Bilocor 5mg; 10mg		
			Bisbeta 5mg; 10mg		
			Bislo 5mg; 10mg		



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R85	Beta blocking agents: Selective	Bisoprolol	Bisoprolol Unichem 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
				Mylan Bisoprolol 5mg; 10mg
	R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
				Dapril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Sandoz Spironolactone 25mg
				Spiractin 25mg
	R105	Potassium supplements	Potassium chloride	Plenish K 600mg
				Ultipot 600mg
R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
		Monicor SR 60mg		
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
			Vaxigrip single dose 0.5ml pre-filled	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax vaccine	
Cardiomyopathy	R115	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Pharmapress co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
				Zestoretic 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
Vectoryl Plus 4/1.25mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R100	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Biotech 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
				Lisinopril
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Ciplasyl 4mg
				Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 5mg; 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 4mg; 8mg
				Vectoryl 8mg
	Quinapril	Accumax 10mg; 20mg		
	R260	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Vediblok 6.25mg; 12.5mg; 25mg
	R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg
				Netrasol co 50/12.5mg; 100/25mg
				Zartan co 100/25mg
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg
		Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg		
	R120	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
				Losartan
				Ciplazar 100mg
				Zartan 100mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
Sandoz Hydralazine 25mg				
R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg	
			Myoprin 100mg	
R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Betacor 5mg; 10mg	
			Bilocor 5mg; 10mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R85	Beta blocking agents: Selective	Bisoprolol	Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unichem 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
				Mylan Bisoprolol 5mg; 10mg
	R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
				Dapril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Sandoz Spironolactone 25mg
				Spiractin 25mg
	R105	Potassium supplements	Potassium chloride	Plenish K 600mg
Ultipot 600mg				
R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
			Vaxigrip single dose 0.5ml pre-filled	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax vaccine	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Venteze CFC free 200 dose 100mcg
	R155	Anti-asthmatics: Systemic xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R250	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
				Ipvent HFA 200 dose 40mcg/dose
	R205	Salbutamol and Ipratropium bromide	Salbutamol and Ipratropium bromide	Duolin HFA 200 dose
	R827	Surgical item: Oxygen concentrator	Oxygen	Oxygen concentrator rental
R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic obstructive pulmonary disease (COPD)	R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml
				Vaxigrip single dose 0.5ml pre-filled
Chronic renal disease	R115	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Pharmapress co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
				Zestoretic 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R100	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Biotech 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
			Lisinopril	Austell-Lisinopril 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Ciplasyl 4mg
				Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 5mg; 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 4mg; 8mg
				Vectoryl 8mg
			Quinapril	Accumax 10mg; 20mg
			R120	Angiotensin II antagonists: Combinations
Netrasol co 50/12.5mg; 100/25mg				
Zartan co 100/25mg				
Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg			
	Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg			



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Chronic renal disease	R120	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
			Losartan	Annin 100mg	
				Ciplazar 100mg	
				Zartan 100mg	
	R300	Calcium supplements	Calcium carbonate	B-cal	
	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
				Folic acid	0.5mg; 5mg
				Gulf Folic acid	5mg
	R45	Iron in other combinations	Ferrous fumarate	Pregamal	
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml	50mg/1ml
				Equifer ampoule 5ml	100mg/5ml
				Rautevene ampoule 5ml	100mg/5ml
				Sucofer 5ml	20mg/1ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml	10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml	20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml	30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml	40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml	50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml	60mcg/0.3ml
			Erythropoietin	Eporex pre-fill	2000U/0.5ml
				Eporex pre-fill	4000U/0.4ml
				Recormon pre-filled syringe	500U/0.3ml
				Recormon pre-filled syringe	2000U/0.3ml
				Recormon pre-filled syringe	4000U/0.3ml
				Repotin ampoule 1ml	2000U; 4000U
			Methoxy polyethylene glycol- epoetin beta	Mircera pre-filled syringe 0.3ml	30mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	50mcg/0.3ml
Mircera pre-filled syringe 0.3ml				75mcg/0.3ml	
Mircera pre-filled syringe 0.3ml				100mcg/0.3ml	
Mircera pre-filled syringe 0.3ml				120mcg/0.3ml	
Mircera pre-filled syringe 0.3ml				150mcg/0.3ml	
Mircera pre-filled syringe 0.3ml				200mcg/0.3ml	
Mircera pre-filled syringe 0.3ml	250mcg/0.3ml				
R400	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg		
Coronary artery disease	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg	
				Myoprin 100mg	
	R200	Beta blocking agents: Non-selective	Propranolol	Inderal	10mg
				Indoblok	10mg; 40mg
				Purbloka	40mg
	R85	Beta blocking agents: Selective	Atenolol	B-Block 100mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R85	Beta blocking agents: Selective	Atenolol	Tenopress 50mg; 100mg
				Zetenol 50mg; 100mg
	R320	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
				Adco-Zildem SR 180mg; 240mg
			Verapamil	Vasomil 40mg; 80mg
				Verahexal SR 240mg
	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg
				Amtas 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
				Ciplavasc 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Lomanor 5mg; 10mg
				Pendine 5mg; 10mg
			Pharma Dynamics Amlodipine besylate 5mg; 10mg	
			Felodipine	Felodipine-Hexal 5mg; 10mg
	Plendil 2.5mg; 5mg			
	R195	Vasodilators in Cardiac Disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg
				Isosorbide mononitrate
Crohn's disease	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 0.5mg; 5mg
				Gulf Folic acid 5mg
	R810	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Mezavant 1200mg
				Pentasa 500mg; 1000mg
				Salofalk 1000mg
			Sulfasalazine	Salazopyrin 500mg
	Salazopyrin EN 500mg			
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
Methotrexate 2.5mg				
R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes insipidus	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg
				Ddavn nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720.			
	R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml
			Insulin Human	Biosulin r - cartridge 3ml
				Humulin r - cartridge 3ml; vial 10ml
	Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml		
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Aspart	Novomix 30 - flexpen 3ml
			Insulin Human	Actraphane hm(ge) - vial 10ml
				Biosulin 30-70 - cartridge 3ml
				Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml
			Insulin Lispro	Humalog mix 25 - cartridge 3ml; kwikpen 3ml; vial 10ml
	Humalog mix 50 - cartridge 3ml; kwikpen 3ml			
	R465	Anti-diabetic agents: Intermediate-acting Insulins	Insulin Human	Biosulin l - cartridge 3ml
				Biosulin n - cartridge 3ml
				Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml
	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - prefilled cartridge 3ml
			Insulin Glargine	Basaglar - cartridge 3ml; pre-filled pen 3ml
				Optisulin - cartridge 3ml; pen 3ml
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R280	Blood glucose monitoring agents	Glucose strips	Accu chek instant strip
				Caresens n glucose test strip 29g
				Freestyle strip optium glucose test
				Strip accu check glucose active
				Test fora diamond blood glucose strip
				Test glucocheck
				Test strip blood glucose clicks bionime gs550
				Test strip glucose on call plus ez
Test strip onetouch select				
Test strip onetouch select plus				
R350	Surgical item	Lancets	Lancet 50s	
			Lancet blood collection needle loris	
			Lancet fora collection needle sterile 30g	
			Lancet fora tender needle sterile 33g	
			Lancet oncall glucose	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R350	Surgical item	Lancets	Lancet solus v2	
				Lancet unilet sterile 28g	
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g	
			Needles	Droplet pen needle 6mm 31g	
				Droplet pen needle 6mm 32g	
				Droplet pen needle 8mm 31g	
				Droplet pen needle 10mm 29g	
				Droplet pen needle 12mm 29g	
				Needle insulin pen bd microfine 30g 8mm	
				Needle insulin pen bd microfine 31g 5mm	
				Needle insulin pen bd microfine tw 32g 4mm	
				Needle novofine	
				Syringes	Needle accufine insulin pen 8mm 30g
					Syringe insulin 1.0ml with 27g needle
			Syringe insulin bd microfine 0.3ml 30g 8mm demi		
			Syringe insulin bd microfine 1ml 30g 8mm		
			Syringe insulin bd microfine 1ml 9g 12.7mm		
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg	
				Apex-Metformin 500mg	
				Austell-Metformin 500mg; 850mg	
				Bigsens 500mg; 850mg; 1000mg	
				Diamin 500mg; 850mg	
				Diaphage 500mg; 850mg; 1000mg	
				Gluconorm 500mg; 850mg	
				Metchek 500mg; 850mg	
				Metformin Alkem 500mg	
				Mylan Metformin 500mg; 850mg; 1000mg	
				Romidab 500mg; 850mg; 1000mg	
				Sandoz Metformin 500mg	
				Please note that an overall monthly limit applies to Insulins across the different Insulin classes	
The overall monthly limit is R720.					
R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml		
			Insulin Human	Biosulin r - cartridge 3ml	
				Humulin r - cartridge 3ml; vial 10ml	
Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml				
R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Aspart	Novomix 30 - flexpen 3ml		
			Insulin Human	Actraphane hm(ge) - vial 10ml	
				Biosulin 30-70 - cartridge 3ml	
Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog mix 25 - cartridge 3ml; kwikpen 3ml; vial 10ml
				Humalog mix 50 - cartridge 3ml; kwikpen 3ml
	R465	Anti-diabetic agents: Intermediate-acting Insulins	Insulin Human	Biosulin I - cartridge 3ml
				Biosulin n - cartridge 3ml
				Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml
	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - prefilled cartridge 3ml
				Insulin Glargine
			Optisulin - cartridge 3ml; pen 3ml	
			Toujeo - pen 1.5ml	
	R150	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Adco-Glucomed 80mg
				Austell-Gliclazide 80mg
				Diagluclide 80mg
				Diagluclide MR 60mg
				Diaglumed 80mg
				Dyna Gliclazide SR 30mg
				Gliclazide Unicorn MR 30mg
				Glygard 80mg
				Mylan Gliclazide 80mg
				Sandoz Gliclazide 80mg
	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Accord Pioglitazone 15mg; 30mg; 45mg
				Cipla-Pioglitazone 15mg; 30mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R280	Blood glucose monitoring agents	Glucose strips	Accu chek instant strip
				Caresens n glucose test strip 29g
				Freestyle strip optium glucose test
				Strip accu check glucose active
				Test fora diamond blood glucose strip
				Test glucocheck
				Test strip blood glucose clicks bionime gs550
				Test strip glucose on call plus ez
				Test strip onetouch select
				Test strip onetouch select plus
R350	Surgical item	Lancets	Lancet 50s	
			Lancet blood collection needle loris	
			Lancet fora collection needle sterile 30g	
			Lancet fora tender needle sterile 33g	
			Lancet oncall glucose	
			Lancet solus v2	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R350	Surgical item	Lancets	Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
			Needles	Droplet pen needle 6mm 31g
				Droplet pen needle 6mm 32g
				Droplet pen needle 8mm 31g
				Droplet pen needle 10mm 29g
				Droplet pen needle 12mm 29g
				Needle insulin pen bd microfine 30g 8mm
				Needle insulin pen bd microfine 31g 5mm
				Needle insulin pen bd microfine tw 32g 4mm
				Needle novofine
				Syringes
			Syringe insulin 1.0ml with 27g needle	
			Syringe insulin bd microfine 0.3ml 30g 8mm demi	
			Syringe insulin bd microfine 1ml 30g 8mm	
Syringe insulin bd microfine 1ml 9g 12.7mm				
Dysrhythmia	R680	Anti-arrhythmics: class Ic	Flecainide	Tambacor 100mg
				Tambacor CR 100mg; 200mg
			Propafenone	Rythmol 150mg; 300mg
	R475	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Arycor 100mg; 200mg
				Bio-Amiodarone 200mg
				Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Inderal 10mg
				Indoblok 10mg; 40mg
				Purbloka 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R85	Beta blocking agents: Selective	Atenolol	B-Block 100mg
				Tenopress 50mg; 100mg
Zetenol 50mg; 100mg				
R25	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R320	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg	
			Verahexal SR 240mg	
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Lethyl 30mg
				Sedabarb 30mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Epilepsy	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg	
				Rivotril 0.5mg; 2mg	
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg	
				Tegretol CR 200mg; 400mg	
				Zeptol 200mg	
	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg	
				Convulex syrup 250mg/5ml	
				Epilim crushable 100mg	
				Epilim sugar-free syrup 200mg/5ml	
				Epilazine CR 200mg; 300mg; 500mg	
				Eprolep CR 200mg; 300mg; 500mg	
				Navalpro CR 200mg; 300mg; 500mg	
				Valeptic CR 300mg; 500mg	
	R85	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg	
	R415	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
				Epitec 25mg; 50mg; 100mg; 200mg	
				Girotec 50mg; 100mg; 200mg	
Lamidus 50mg					
Topiramate			Epitoz 25mg; 50mg; 100mg		
R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg		
			Folic acid 0.5mg; 5mg		
			Gulf Folic acid 5mg		
Glaucoma	R230	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%	
				Trusopt 5ml owi 2%	
	R235	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01%	
				Latanoprost	Atana 2.5ml 50mcg/1ml
					Spersatan 2.5ml 50mcg/1ml
					Xalatan 2.5ml 50mcg/1ml
	Travoprost	Travatan 2.5ml 0.004%			
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml	
				Brimoct 5ml 2mg/1ml	
	R100	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Glaucosan 5ml 0.5%	
				Occumol 5ml 0.5%	
	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml	
				Co-Atana 2.5ml	
Combigan 5ml 2mg/5mg					
Cosopt 5ml 0.5%					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Glaucoma	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Duotrav 2.5ml
				Ganfort 3ml
				Glaumide-co 5ml
				Glaupopt co 5ml
				Xalacom 2.5ml
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg
				Adco-Prolief 500mg
				Cetapon 500mg
				Painogestic 500mg
	R220	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranexamic acid Medwich 500mg
	R50 000	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U
				Octanine F vial 30ml 250U; 500U; 1000U
			Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
				Octanate vial 5ml 250U
	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
				Ddavp nasal spray 5ml 0.1mg/1ml
	Hyperlipidaemia	R290	Lipid modifying agents: Fibrates	Bezafibrate
Dyna-Bezafibrate SR 400mg				
Sandoz Bezafibrate 400mg				
R55		Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg
				Aspavor 10mg; 20mg; 40mg; 80mg
				Astor 10mg; 20mg; 40mg 80mg
				Atolip 10mg; 20mg; 40mg; 80mg
				Atorvastatin Unicorn 10mg; 20mg; 40mg
				Lestavor 10mg; 20mg; 40mg; 80mg
				Lipogen 10mg; 20mg; 40mg; 80mg
			Vastor 10mg; 20mg; 40mg; 80mg	
			Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
				Aspen Simvastatin 10mg; 20mg; 40mg
				Austell-Simvastatin 10mg; 20mg; 40mg
				Choleste 20mg; 40mg
				Cipla-Simvastatin 10mg; 20mg; 40mg
				Zysim 10mg; 20mg
R200	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Coveram 5/5mg; 10/5mg; 5/10mg; 10/10mg	
	R115	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
Pharmapress co 20/12.5mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Hypertension	R115	ACE inhibitors and diuretics	Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg		
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg		
				Lisoretic 10/12.5mg; 20/12.5mg		
				Lisozide 10/12.5mg; 20/12.5mg		
				Zestoretic 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg		
				Ciplasyl Plus 4/1.25mg		
				Circator Plus 4/1.25mg		
				Pearinda Plus 4/1.25mg		
				Perindopril co Unicorn 4/1.25mg		
				Prexum Plus 5/1.25mg		
				Vectoryl Plus 4/1.25mg		
				R100	ACE inhibitors: Plain	Captopril
			Mylan Captopril 25mg; 50mg			
	Enalapril	Alapren 5mg; 10mg; 20mg				
		Enalapril Biotech 5mg; 10mg; 20mg				
		Enalapril Unicorn 10mg; 20mg				
		Hypace 5mg				
		Lisinopril	Austell-Lisinopril 10mg; 20mg			
	Sinopren 5mg; 10mg; 20mg					
	Perindopril	Ciplasyl 4mg				
		Circator 4mg; 8mg				
		Pearinda 4mg; 8mg				
		Perindopril Unicorn 4mg; 8mg				
		Prexum 5mg; 10mg				
		Ran-Perindopril 4mg				
		Reprex 4mg; 8mg				
		Spec-Perindopril 4mg; 8mg				
		Vectoryl 8mg				
		Quinapril	Accumax 10mg; 20mg			
	R260	Alpha and Beta blocking agents	Carvedilol			Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg		
				Carvetrend 6.25mg; 12.5mg; 25mg		
Vediblok 6.25mg; 12.5mg; 25mg						
R120	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg			
			Netrasol co 50/12.5mg; 100/25mg			
			Zartan co 100/25mg			
		Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg			
			Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg			
R120	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg			



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R120	Angiotensin II antagonists: Plain	Losartan	Annin 100mg
				Ciplazar 100mg
				Zartan 100mg
	R180	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Mylan Methyldopa 250mg
	R30	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R200	Beta blocking agents: Non-selective	Propranolol	Inderal 10mg
				Indoblok 10mg; 40mg
				Purbloka 40mg
	R85	Beta blocking agents: Selective	Atenolol	B-Block 100mg
				Tenopress 50mg; 100mg
				Zetenol 50mg; 100mg
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Cipla-Indapamide 2.5mg
				Dapril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Sandoz Spironolactone 25mg
				Spiractin 25mg
	R105	Potassium supplements	Potassium chloride	Plenish K 600mg
Ultipot 600mg				
R320	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg	
			Adco-Zildem SR 180mg; 240mg	
		Verapamil	Vasomil 40mg; 80mg	
Verahexal SR 240mg				
R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg	
			Amtas 5mg; 10mg	
			Aprate 5mg; 10mg	
			Austell-Amlodipine 5mg; 10mg	
			Ciplavasc 5mg; 10mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Gulf Amlodipine 5mg; 10mg
				Lomanor 5mg; 10mg
				Pendine 5mg; 10mg
				Pharma Dynamics Amlodipine besylate 5mg; 10mg
			Felodipine	Felodipine-Hexal 5mg; 10mg
			Plendil 2.5mg; 5mg	
			Nifedipine	Cipalat Retard 20mg
Hypothyroidism	R45	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R90	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg
				Sandoz Amitriptyline 25mg
				Trepiline 10mg
	R270	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon beta-1a	Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Bio-Baclofen 10mg
				Teva Baclofen 10mg
R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Parkinson's disease	R280	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R700	Dopamine agonists	Pramipexole	Mylan Pramipexole 0.125mg; 0.25mg; 1mg
				Pexasp 0.125mg; 0.25mg; 1mg
				Pramex 0.125mg; 0.25mg; 1mg
			Ropinrole	Accord Ropinrole 0.25mg; 0.5mg; 1mg; 2mg; 5mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R680	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Carbilev 25/100mg; 25/250mg
Teva Carbi-Levo 25/100mg; 25/250mg				
Rheumatoid arthritis	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Apex-Meloxicam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
				Zydus-Meloxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
	Roxifen 20mg			
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Mylan Naproxen 250mg
			Naproscript 250mg	
	R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 0.5mg; 5mg
				Gulf Folic acid 5mg
R810	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg	
			Salazopyrin EN 500mg	
R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
			Methotrexate 2.5mg	
R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Schizophrenia	R160	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Arrow Citalopram 40mg
				Cilate 20mg
				Recita 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg	
			Dolin 10mg; 20mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R160	Anti-depressants: SSRI's	Escitalopram	Marprem 20mg
				Zitolex 10mg; 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine Actor 20mg
				Prolax 20mg
				Ranflocs 20mg
				Zydus-Fluoxetine 20mg
				Sertraline
			Serdep 50mg; 100mg	
			Serlife 50mg; 100mg	
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R945	Anti-psychotics: Clozapine	Clozapine	Cloment 25mg; 100mg
	R600	Anti-psychotics: Olanzapine	Olanzapine	Olawin 5mg; 10mg
				Olawin oradispersible 5mg; 10mg
				Olexar 5mg; 10mg
				Prexolan 5mg; 10mg
				Prexolan ODT 5mg; 10mg
				Redilanz 5mg; 10mg
	Zylena 5mg; 10mg			
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Quetiapine Biotech 300mg
				Serez 25mg; 100mg; 200mg; 300mg
				Spec Quetiapine 25mg; 100mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
Zuclopenthixol			Clopixol 2mg; 10mg	
			Clopixol depot 200mg	
R505	Other anti-psychotics	Aripiprazole	Arizofy 5mg; 10mg; 15mg	
			Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
		Rispacor 0.5mg; 1mg; 2mg; 3mg		
		Rispevon 1mg; 2mg; 3mg; 4mg		
		Rispide 0.5mg; 1mg; 2mg		
		Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg		



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
	Methocaps 25mg			
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Apex-Meloxicam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
				Zydus-Meloxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
	Roxifen 20mg			
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Mylan Naproxen 250mg
				Naproscript 250mg
R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	
R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg	
			Myoprin 100mg	
R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	
R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Folic acid 0.5mg; 5mg	
			Gulf Folic acid 5mg	
R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
			Methotrexate 2.5mg	
R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%
				Topivate cream 0.1%
				Vari-Betamethasone cream 0.1%
Ulcerative colitis	R5	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 0.5mg; 5mg
				Gulf Folic acid 5mg
	R810	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Mezavant 1200mg
				Pentasa 500mg; 1000mg
				Salofalk 1000mg
			Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
	R15	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				



The CDL Enhanced medicine list for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R275	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Kulair 4mg; 5mg; 10mg
				Lumont 4mg; 5mg; 10mg
				Monteflo 4mg; 5mg; 10mg
				Montelukast Biotech 10mg
				Montelukast chew Biotech 4mg; 5mg
				Sintair 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R100	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
				Clenil aqueous 200 dose 50mcg
			Fluticasone	Flomist 120 dose 50mcg
Flonase 120 dose 50mcg				
Chronic obstructive pulmonary disease (COPD)	R190	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R410	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R305	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R305	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R430	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R525	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
	R355	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
R355	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg; 184/22mcg	
Chronic renal disease	R250	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R230	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Clopidogrel 75 Biotech 75mg
				Clopidogrel Unicorn 75mg
				Closolve 75mg
				Pharma Dynamics Clopidogrel 75mg
				Plagrol 75mg
				Zyklot 75mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R685	Anti-diabetic agents: Other, excluding Insulins, Exenatide	Exenatide	Byetta disposable pen 1.2ml 60 dose 5mcg/dose Byetta disposable pen 2.4ml 60 dose 10mcg/dose
	R215	Dipeptidyl peptidase inhibitors: Saxagliptin	Saxagliptin	Onglyza 2.5mg; 5mg
Rheumatoid arthritis	R280	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg
Systemic lupus erythematosus (SLE)	R280	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg

Complaints process

You may lodge a complaint or query with Anglovaal Group Medical Scheme directly on **0860 100 693** or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Anglovaal Group Medical Scheme's internal disputes process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email complaints@medicalschemes.com. Customer Care Centre: **0861 123 267**/website www.medicalschemes.com