

Chronic Illness Benefit medicine list (formulary) 2020

Who we are

The Anglovaal Group Medical Scheme (referred to as 'the Scheme'), registration number 1571, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as 'the administrator') is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Anglovaal Group Medical Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

Anglovaal Group Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Contact us

You can call us on **0860 100 693** or visit www.avgms.co.za for more information.



Explanation of terms

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2020 only.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

The CDL medicine list for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R200	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R195	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R485	Adrenergics: Long acting - Salmeterol	Salmeterol	Serevent accuhaler 60 dose 50mcg
				Serevent CFC free 120 dose 25mcg
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Venteze CFC free 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R265	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R265	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R265	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
				Ipvent HFA 200 dose 40mcg/dose
	R265	Inhaled Glucocorticoids	Beclomethasone	Beceze CFC free 200 dose 100mcg
				Beclate 200 dose 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg
				Pulmicort turbuhaler 200 dose 100mcg; 200mcg
			Ciclesonide	Ciclovent 60 dose 80mcg; 160mcg
	R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreath 120 dose 25/50; 25/125; 25/250				
R265	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg	
R350	Surgical item	Inhaler device	Dp haler device	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R160	Anti-depressants: SSRI's	Citalopram	
			Adco-Talomil 20mg	
			Arrow Citalopram 40mg	
			Cilate 20mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R160	Anti-depressants: SSRI's	Citalopram	Citalopram-Winthrop 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Marprem 20mg
				Fluoxetine
			Fluoxetine Actor 20mg	
			Prolax 20mg	
			Ranflocs 20mg	
			Zydus-Fluoxetine 20mg	
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serdep 50mg; 100mg
				Serlife 50mg; 100mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Epilizine CR 200mg; 300mg; 500mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Cloment 25mg; 100mg
R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R600	Anti-psychotics: Olanzapine	Olanzapine	Olawin 5mg; 10mg	
			Olawin oradispersible 5mg; 10mg	
			Prexolan 5mg; 10mg	
			Prexolan ODT 5mg; 10mg	
			Redilanz 5mg; 10mg	
			Zolanz 5mg; 10mg	
Zylena 5mg; 10mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Serez 25mg; 100mg; 200mg; 300mg
				Spec Quetiapine 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R505	Other anti-psychotics	Aripiprazole	Arizofy 5mg; 10mg; 15mg
				Risperidone
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispevon 1mg; 2mg; 3mg; 4mg	
Rispide 0.5mg; 1mg; 2mg				
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg				
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Venteze CFC free 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
				Ipvent HFA 200 dose 40mcg/dose
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
Trolic 5mg				
Cardiac failure	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics
			Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
			Lisoretic 10/12.5mg; 20/12.5mg	
			Lisozide 10/12.5mg; 20/12.5mg	
			Zestoretic 10/12.5mg; 20/12.5mg	
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
Vectoryl Plus 4/1.25mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Circator 4mg; 8mg
				Pearinda 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 5mg; 10mg
				Ran-Perindopril 4mg
	Reprex 4mg; 8mg			
	Spec-Perindopril 8mg			
	Vectoryl 4mg; 8mg			
	Zyace 4mg			
	R250	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Vediblok 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Netrasol co 100/25mg
				Zartan co 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
				Losartan
			Ciplazar 100mg	
			Normoten 100mg	
			Zaario 50mg; 100mg	
Zartan 100mg				
R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg	
			Sandoz Hydralazine 25mg	
R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Betacor 5mg; 10mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R85	Beta blocking agents: Selective	Bisoprolol	Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unichem 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Dapril 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Sandoz Spironolactone 25mg
				Spiractin 25mg
R110	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Ultipot 600mg	
R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
			Vaxigrip single dose 0.5ml pre-filled	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23	
Cardiomyopathy	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
		Zestoretic 10/12.5mg; 20/12.5mg		
		Perindopril and diuretics	Bioprexum Plus 10/2.5mg	
			Ciplasyl Plus 4/1.25mg	
Circator Plus 4/1.25mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R100	ACE inhibitors and diuretics	Perindopril and diuretics	Pearinda Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Circator 4mg; 8mg
				Pearinda 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 5mg; 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 8mg
				Vectoryl 4mg; 8mg
	Zyace 4mg			
	Quinapril	Accumax 10mg; 20mg		
	R250	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Vediblok 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Netrasol co 100/25mg
				Zartan co 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg
	Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg			
R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
			Annin 50mg; 100mg	
		Losartan	Ciplazar 100mg	
			Normoten 100mg	
			Zaario 50mg; 100mg	
			Zartan 100mg	
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R85	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unichem 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Daptril 2.5mg
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Sandoz Spironolactone 25mg	
			Spiractin 25mg	
R110	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Ultipot 600mg	
R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
			Isosorbide mononitrate	
			Ismo 20mg	
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
			Vaxigrip single dose 0.5ml pre-filled	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Venteze CFC free 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Chronic obstructive pulmonary disease (COPD)	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg	
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
				Ipvent HFA 200 dose 40mcg/dose	
	R215	Salbutamol and Ipratropium bromide	Salbutamol and Ipratropium bromide	Duolin HFA 200 dose	
	R860	Surgical item: Oxygen concentrator	Oxygen	Oxygen Concentrator (Rental)	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
Trolic 5mg					
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml		
			Vaxigrip single dose 0.5ml pre-filled		
Chronic renal disease	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
					Lisozide 10/12.5mg; 20/12.5mg
			Zestoretic 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg	
				Perindopril co Unicorn 4/1.25mg	
				Prexum Plus 5/1.25mg	
	Vectoryl Plus 4/1.25mg				
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	
			Enalapril	Alapren 5mg; 10mg; 20mg	
				Enalapril Unicorn 10mg; 20mg	
				Hypace 5mg	
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
				Austell-Lisinopril 10mg; 20mg	
				Liso 5mg; 10mg; 20mg	
				Sinopren 5mg; 10mg; 20mg	
			Perindopril	Circator 4mg; 8mg	
Pearinda 8mg					
Perindopril Unicorn 4mg; 8mg					
Prexum 5mg; 10mg					
Ran-Perindopril 4mg					
Reprex 4mg; 8mg					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Chronic renal disease	R85	ACE inhibitors: Plain	Perindopril	Spec-Perindopril 8mg		
				Vecteryl 4mg; 8mg		
				Zyace 4mg		
			Quinapril	Accumax 10mg; 20mg		
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg		
				Losaar Plus 50/12.5mg; 100/25mg		
				Netrasol co 100/25mg		
				Zartan co 100/25mg		
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg		
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg		
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg		
				Losartan	Annin 50mg; 100mg Ciplazar 100mg Normoten 100mg Zaario 50mg; 100mg Zartan 100mg	
			R300	Calcium supplements	Calcium carbonate	B-cal
			R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
						Folic acid 5mg
			R50	Iron in combination with Folic acid	Iron in combination with Folic acid	Pregamal
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml		
				Equifer ampoule 5ml 100mg/5ml		
				Rautevene ampoule 5ml 100mg/5ml		
				Sucrofer 5ml 20mg/1ml		
				Zypiron vial 5ml 20mg/1ml		
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml		
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml		
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml		
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml		
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml		
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml		
				Aranesp prefilled syringe 0.4ml 80mcg/0.4ml		
				Aranesp prefilled syringe 0.5ml 100mcg/0.5ml		
			Erythropoietin	Eporex pre-fill 2000U/0.5ml		
				Eporex pre-fill 4000U/0.4ml		
				Repotin ampoule 1ml 2000U; 4000U		
Methoxy polyethylene glycol-epoetin beta			Mircera pre-filled syringe 0.3ml 30mcg/0.3ml			
			Mircera pre-filled syringe 0.3ml 50mcg/0.3ml			



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R3 340	Other anti-anaemic preparations	Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 75mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 120mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 150mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 200mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 250mcg/0.3ml
	R430	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg
Coronary artery disease	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
	R85	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 100mg
				Tenopress 50mg; 100mg
	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
				Adco-Zildem SR 180mg; 240mg
			Verapamil	Vasomil 40mg; 80mg
				Verahexal SR 240mg
	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg
				Amtas 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Lomanor 5mg; 10mg
				Pendine 5mg; 10mg
				Pharma Dynamics Amlodipine besylate 5mg; 10mg
				Felodipine
Plendil 2.5mg; 5mg				
R195	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
			Isosorbide mononitrate	Ismo 20mg
			Monicor SR 60mg	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Folic acid 5mg	
R810	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
			Mezavant 1200mg	
			Pentasa 500mg	
			Pentasa suppository 1000mg	
			Salofalk 1000mg	
		Sulfasalazine	Salazopyrin 500mg	
			Salazopyrin EN 500mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Crohn's disease	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema		
	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg		
				Azathioprine PCH 50mg		
	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg		
				Methotrexate 2.5mg		
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
				Panafcort 5mg		
Trolic 5mg						
Diabetes insipidus	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg		
				Ddavp nasal spray 5ml 0.1mg/1ml		
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720.					
	R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml		
				Insulin Glulisine	Apidra - cartridge 3ml	
					Apidra solostar - disposable pen 3ml	
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml		
				Insulin Aspart	Novomix 30 - flexpen 3ml	
					Insulin Human	Humulin 30/70 - cartridge 3ml
					Insulin Lispro	Humalog mix 25 - cartridge 3ml; kwikpen 3ml Humalog mix 50 - cartridge 3ml; kwikpen 3ml
	R465	Anti-diabetic agents: Intermediate-acting Insulins	Insulin Human	Humulin n - cartridge 3ml; kwikpen 3ml		
	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - prefilled cartridge 3ml		
				Insulin Glargine	Basaglar - cartridge 3ml; pre-filled pen 3ml	
					Optisulin - cartridge 3ml; pen 3ml Toujeo - pen 1.5ml	
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg		
				Myoprin 100mg		
	R280	Blood glucose monitoring agents	Glucose strips	Accu chek instant strip		
				Freestyle strip optium glucose test		
				Strip accu check glucose active		
				Test caresens n glucose strips 29g		
				Test fora diamond blood glucose strip		
				Test glucocheck		
				Test strip blood glucose clicks bionime gs550		
				Test strip glucose contour plus		
				Test strip glucose contour ts		
Test strip glucose glucocheck key						



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength			
Diabetes mellitus Type 1	R280	Blood glucose monitoring agents	Glucose strips	Test strip glucose on call plus ez			
				Test strip onetouch select			
				Test strip onetouch select plus			
	R350	Surgical item	Lancets	Lancet blood collection needle loris			
				Lancet fora collection needle sterile 30g			
				Lancet fora tender needle sterile 33g			
				Lancet freestyle test			
				Lancet glucocheck novicheck			
				Lancet oncall glucose			
				Lancet solus v2			
				Lancet unilet sterile 28g			
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g			
				Microlet lancet			
			Needles	Droplet pen needle 8mm 31g			
				Needle insulin pen bd microfine 30g 8mm			
				Needle insulin pen bd microfine 31g 5mm			
				Needle insulin pen bd microfine tw 32g 4mm			
				Needle novofine			
			Syringes	Syringe insulin 1.0ml with 27g needle			
Syringe insulin bd microfine 0.3ml 30g 8mm demi							
Syringe insulin bd microfine 1ml 30g 8mm							
Syringe insulin bd microfine 1ml 9g 12.7mm							
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg			
				Apex-Metformin 500mg			
				Austell-Metformin 500mg; 850mg			
				Bigsens 500mg; 850mg; 1000mg			
				Diamin 500mg; 850mg			
				Diaphage 500mg; 850mg; 1000mg			
				Gluconorm 500mg; 850mg			
				Metored 1000mg			
				Mylan Metformin 1000mg			
				Romidab 500mg; 850mg; 1000mg			
				Sandoz Metformin 500mg			
				<p>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720.</p>			
				R530	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml
Insulin Glulisine	Apidra - cartridge 3ml						
	Apidra solostar - disposable pen 3ml						
Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml						



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Aspart	Novomix 30 - flexpen 3ml
			Insulin Human	Humulin 30/70 - cartridge 3ml
			Insulin Lispro	Humalog mix 25 - cartridge 3ml; kwikpen 3ml
				Humalog mix 50 - cartridge 3ml; kwikpen 3ml
	R465	Anti-diabetic agents: Intermediate-acting Insulins	Insulin Human	Humulin n - cartridge 3ml; kwikpen 3ml
	R555	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - prefilled cartridge 3ml
			Insulin Glargine	Basaglar - cartridge 3ml; pre-filled pen 3ml
				Optisulin - cartridge 3ml; pen 3ml
				Toujeo - pen 1.5ml
	R150	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagluclide MR 60mg
				Diaran MR 30mg
				Dyna Gliclazide SR 30mg
				Gliclazide Unicorn MR 30mg
				Glytab MR 30mg
	R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Accord Pioglitazone 15mg; 30mg; 45mg
				Pioglitazone hydrochloride Macleods 15mg; 30mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R280	Blood glucose monitoring agents	Glucose strips	Accu chek instant strip
				Freestyle strip optium glucose test
				Strip accu check glucose active
				Test caresens n glucose strips 29g
				Test fora diamond blood glucose strip
				Test glucocheck
				Test strip blood glucose clicks bionime gs550
				Test strip glucose contour plus
				Test strip glucose contour ts
Test strip glucose glucocheck key				
Test strip glucose on call plus ez				
Test strip onetouch select				
Test strip onetouch select plus				
R350	Surgical item	Lancets	Lancet blood collection needle loris	
			Lancet fora collection needle sterile 30g	
			Lancet fora tender needle sterile 33g	
			Lancet freestyle test	
			Lancet glucocheck novicheck	
			Lancet oncall glucose	
			Lancet solus v2	
Lancet unilet sterile 28g				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength					
Diabetes mellitus Type 2	R350	Surgical item	Lancets	Lancet unilet sterile 4cm x 6cm x 7.5cm 28g Microlet lancet					
			Needles	Droplet pen needle 8mm 31g Needle insulin pen bd microfine 30g 8mm Needle insulin pen bd microfine 31g 5mm Needle insulin pen bd microfine tw 32g 4mm Needle novofine					
				Syringes	Syringe insulin 1.0ml with 27g needle Syringe insulin bd microfine 0.3ml 30g 8mm demi Syringe insulin bd microfine 1ml 30g 8mm Syringe insulin bd microfine 1ml 9g 12.7mm				
					R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg Tambocor CR 100mg; 200mg	
							Propafenone	Rythmol 150mg; 300mg	
					R475	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Arycor 100mg; 200mg Bio-Amiodarone 200mg Hexarone 100mg; 200mg	
			R85	Anti-thrombotic agents: Vitamin K antagonists				Warfarin	Cipla-Warfarin 5mg
									R35
			R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg Purbloka 40mg			
						R85	Beta blocking agents: Selective	Atenolol	Sotalol 80mg; 160mg Adco-Atenolol 50mg; 100mg B-Block 100mg Tenopress 50mg; 100mg
R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg Lanoxin paediatric/geriatric syrup 0.05mg/1ml						
			R250	Selective calcium channel blockers with direct cardiac effects	Verapamil				Vasomil 40mg; 80mg Verahexal SR 240mg
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives				Phenobarbital	Lethyl 30mg Sedabarb 30mg		
			R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam		Rivotril 0.5mg; 2mg		
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg Tegretol CR 200mg; 400mg Zeptol 200mg					
				R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg Convulex syrup 250mg/5ml		



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Epilepsy	R490	Anti-epileptics: Fatty acid derivatives	Valproic acid	Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Epilizine CR 200mg; 300mg; 500mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R85	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
			Topiramate	Epimate 25mg; 50mg; 100mg; 200mg
				Epitoz 25mg; 50mg; 100mg
Toplep 25mg; 50mg; 100mg; 200mg				
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Folic acid 5mg	
Glaucoma	R215	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%
				Trusopt 5ml owi 2%
	R245	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01%
				Latanoprost
			Spersatan 2.5ml 50mcg/1ml	
			Xalatan 2.5ml 50mcg/1ml	
			Tafluprost	Safutan single dose container 0.3ml 15mcg/1ml
	Travoprost	Travatan 2.5ml 0.004%		
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
				Brimoct 5ml 2mg/1ml
	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Glaucosan 5ml 0.5%
				Occumol 5ml 0.5%
	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml
				Co-Atana 2.5ml
				Combigan 5ml 2mg/5mg
				Cosopt 5ml 0.5%
Duotrav 2.5ml				
Ganfort 3ml				
Glaumide-co 5ml				
Glauopt co 5ml				
Ocudor co 5ml				
Xalacom 2.5ml				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength				
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg				
				Adco-Prolief 500mg				
				Cetapon 500mg				
				Painogesic 500mg				
	R220	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranexamic acid Medwich 500mg				
	R50 000	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U				
				Octanine F vial 30ml 250U; 500U; 1000U				
			Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U				
				Octanate vial 5ml 250U				
	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg				
Ddavn nasal spray 5ml 0.1mg/1ml								
Hyperlipidaemia	R290	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg				
				Sandoz Bezafibrate 400mg				
	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg				
				Aspavor 10mg; 20mg; 40mg; 80mg				
				Astor 10mg; 20mg; 40mg; 80mg				
				Atolip 10mg; 20mg; 40mg				
				Atorvastatin Unicorn 10mg; 20mg; 40mg				
				Atorvastatin Winthrop 10mg; 20mg; 40mg				
				Dynator 10mg; 20mg; 40mg; 80mg				
				Lestavor 10mg; 20mg; 40mg; 80mg				
				Lipogen 10mg; 20mg; 40mg; 80mg				
				Vastor 10mg; 20mg; 40mg				
			Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg				
				Aspen Simvastatin 10mg; 20mg; 40mg				
				Austell-Simvastatin 10mg; 20mg; 40mg				
				Cipla-Simvastatin 40mg				
				Zysim 10mg; 20mg				
				Hypertension	R170	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Coveram 5/5mg; 10/5mg; 5/10mg; 10/10mg
								Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg
R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg					
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg			
		Lisinopril co Unicorn 10/12.5mg; 20/12.5mg						
		Lisoretic 10/12.5mg; 20/12.5mg						
		Lisozide 10/12.5mg; 20/12.5mg						
		Zestoretic 10/12.5mg; 20/12.5mg						
		Perindopril and diuretics	Bioprexum Plus 10/2.5mg					
			Ciplasyl Plus 4/1.25mg					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	ACE inhibitors and diuretics	Perindopril and diuretics	Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
				Lisinopril
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Circator 4mg; 8mg
				Pearinda 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 5mg; 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
				Quinapril
	R250	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Vediblok 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Netrasol co 100/25mg
				Zartan co 100/25mg
Telmisartan and diuretics			Telpres Plus 40/12.5mg; 80/12.5mg	
Valsartan and diuretics			Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg	
Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg				
R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
			Losartan	
		Losartan	Annin 50mg; 100mg	
			Ciplazar 100mg	
			Normoten 100mg	
Zaario 50mg; 100mg				
Zartan 100mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R185	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
				Urodoxa 4mg
	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Mylan Methyldopa 250mg
	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
	R85	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 100mg
				Tenopress 50mg; 100mg
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Dapril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
Sandoz Spironolactone 25mg				
Spiractin 25mg				
R110	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Ultipot 600mg	
R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg	
			Adco-Zildem SR 180mg; 240mg	
		Verapamil	Vasomil 40mg; 80mg	
			Verahexal SR 240mg	
R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg	
			Amtas 5mg; 10mg	
			Aprate 5mg; 10mg	
			Austell-Amlodipine 5mg; 10mg	
			Gulf Amlodipine 5mg; 10mg	
			Lomanor 5mg; 10mg	
			Pendine 5mg; 10mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R130	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Pharma Dynamics Amlodipine besylate 5mg; 10mg
			Felodipine	Felodipine-Hexal 5mg; 10mg
				Plendil 2.5mg; 5mg
			Nifedipine	Cipalat Retard 20mg
Hypothyroidism	R45	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R90	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg
				Sandoz Amitriptyline 25mg
				Trepiline 10mg
	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon beta-1a	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
				Interferon beta-1b
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Bio-Baclofen 10mg
				Teva Baclofen 10mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Parkinson's disease	R280	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R700	Dopamine agonists	Pramipexole	Mylan Pramipexole 0.125mg; 0.25mg; 1mg
				Oxpola 0.125mg; 0.25mg; 1mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R680	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Carbilev 25/100mg; 25/250mg
				Lecardop 25/100mg; 25/250mg
				Teva Carbi-Levo 25/100mg; 25/250mg
Rheumatoid arthritis	R70	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R70	Anti-inflammatory agents: Acetic acid derivatives and related substances	Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Apex-Meloxicam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
				Melzy 7.5mg
			Piroxicam	Pyrocaps 20mg
	Roxifen 20mg			
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Mylan Naproxen 250mg
			Naproscript 250mg	
	R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
Folic acid 5mg				
R810	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg	
			Salazopyrin EN 500mg	
R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
			Methotrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Schizophrenia	R160	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Arrow Citalopram 40mg
				Cilate 20mg
				Citalopram-Winthrop 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Marprem 20mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R160	Anti-depressants: SSRI's	Fluoxetine	Deprozan 20mg
				Fluoxetine Actor 20mg
				Prolax 20mg
				Ranflocs 20mg
				Zydus-Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serdep 50mg; 100mg
	Serlife 50mg; 100mg			
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Cloment 25mg; 100mg
	R600	Anti-psychotics: Olanzapine	Olanzapine	Olawin 5mg; 10mg
				Olawin oradispersible 5mg; 10mg
				Prexolan 5mg; 10mg
				Prexolan ODT 5mg; 10mg
				Redilanz 5mg; 10mg
				Zolanz 5mg; 10mg
	Zylena 5mg; 10mg			
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Serez 25mg; 100mg; 200mg; 300mg
				Spec Quetiapine 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
			Fluanxol depot 1ml 20mg	
		Zuclopenthixol	Clopixol 2mg; 10mg	
Clopixol depot 200mg				
R505	Other anti-psychotics	Aripiprazole	Arizofy 5mg; 10mg; 15mg	
			Risperidone	Risnia 0.5mg; 1mg; 2mg
		Rispacor 0.5mg; 1mg; 2mg; 3mg		
		Rispevon 1mg; 2mg; 3mg; 4mg		
		Rispide 0.5mg; 1mg; 2mg		
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg				
Systemic lupus erythematosus (SLE)	R70	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R70	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
	Methocaps 25mg			
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Apex-Meloxicam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
			Piroxicam	Melzy 7.5mg
				Pyrocaps 20mg
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Mylan Naproxen 250mg
				Naproscript 250mg
	R105	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Folic acid 5mg	
R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
			Methotrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
			Topivate cream 0.1%	
			Vari-Betamethasone cream 0.1%	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
	R810	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
				Mezavant 1200mg	
				Pentasa 500mg	
				Pentasa suppository 1000mg	
				Salofalk 1000mg	
				Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg	
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema	
	R775	Other immuno-suppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
	R110	Other immuno-suppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
				Methotrexate 2.5mg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
Panafcort 5mg					
Trolic 5mg					

The CDL Enhanced medicine list for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R280	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Kulair 4mg; 5mg; 10mg
				Lumont 4mg; 5mg; 10mg
				Monteflo 4mg; 5mg; 10mg
				Sintair 4mg; 5mg; 10mg
				Sintrine 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R100	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
				Clenil aqueous 200 dose 50mcg
			Fluticasone	Flomist 120 dose 50mcg
				Flonase 120 dose 50mcg
Chronic obstructive pulmonary disease (COPD)	R195	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R430	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R265	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R265	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R265	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R545	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
	R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
R265	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg	
Chronic renal disease	R255	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Clopidogrel 75 Biotech 75mg
				Clopidogrel Unicorn 75mg
				Pharma Dynamics Clopidogrel 75mg
				Plagrol 75mg
				Zyklot 75mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R215	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg
	R685	Anti-diabetic agents: Other, excluding Insulins: Exenatide	Exenatide	Byetta disposable pen 1.2ml 60 dose 5mcg/dose
				Byetta disposable pen 2.4ml 60 dose 10mcg/dose
	R215	Dipeptidyl peptidase inhibitors: Saxagliptin	Saxagliptin	Onglyza 2.5mg; 5mg
R215	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg	
Rheumatoid arthritis	R285	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg
Systemic lupus erythematosus (SLE)	R285	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg

Complaints process

You may lodge a complaint or query with Anglovaal Group Medical Scheme directly on **0860 100 693** or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Anglovaal Group Medical Scheme's internal disputes process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email complaints@medicalschemes.com. Customer Care Centre: **0861 123 267**/website www.medicalschemes.com