



## **Chronic Illness Benefit medicine list (formulary) 2021**

### **Who we are**

The Anglovaal Group Medical Scheme (referred to as "the Scheme"), registration number 1571, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

### **Important information you need to know**

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Anglovaal Group Medical Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

Anglovaal Group Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

### **Contact us**

You can call us on **0860 100 693** or visit [www.avgms.co.za](http://www.avgms.co.za) for more information.



## **Explanation of terms**

### **Active ingredient**

This is the main substance in a medicine that is responsible for the clinical action on a human body.

### **Benefit year**

A benefit year refers to the benefits a member is entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2021 only.

### **Chronic Disease List (CDL)**

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

### **Chronic Drug Amount (CDA)**

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

### **Medicine class**

This describes medicines that have similar chemical structures or similar therapeutic effects.

### **Prescribed Minimum Benefit (PMB) conditions**

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.



## The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) medicine list for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R265	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R265	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R265	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
				Beclate 200 dose 50mcg; 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
				Pulmicort turbuhaler 200 dose 100mcg; 200mcg
	R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
R265	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Marpem 20mg
				Zyescito 10mg; 20mg
				Fluoxetine
Fluoxetine 20 Oethmaan 20mg				
Prolax 20mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R140	Anti-depressants: SSRI's	Fluoxetine	Zydus Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serdep 50mg; 100mg
				Serlife 50mg; 100mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Cloment 25mg; 100mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Truvalin 25mg; 100mg; 200mg; 300mg
Zimbiquet 25mg; 100mg; 200mg; 300mg				
R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
			Fluanxol depot 1ml 20mg	
		Zuclopenthixol	Clopixol 2mg; 10mg	
			Clopixol depot 200mg	
R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
			Arizofy 5mg; 10mg; 15mg	
R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
			Zoxadon odt 0.5mg; 1mg; 2mg	
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bronchiectasis	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
Cardiac failure	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Spec-Perindopril Plus 4/1.25mg
				Vectoryl Plus 4/1.25mg
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
				Lisinopril
			Lisinopril	Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
				Perindopril
			Circator 4mg; 8mg	
			Pearinda 4mg; 8mg	
			Perindopril Unicorn 4mg; 8mg	
			Prexum 5mg; 10mg	
			Ran-Perindopril 4mg	
			Reprex 4mg; 8mg	
	Vectoryl 4mg; 8mg			
	Zyace 4mg			
	Quinapril	Accumax 10mg; 20mg		
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
Carvedilol Unicorn 6.25mg; 12.5mg; 25mg				
Carvetrend 6.25mg; 12.5mg; 25mg				
R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg	
			Losaar Plus 50/12.5mg; 100/25mg	
			Losartan comp Biotech 50/12.5mg; 100/25mg	
			Zartan co 100/25mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Ciplazar 50mg; 100mg
				Zaario 50mg; 100mg
			Zartan 100mg	
	Valsartan	Adco-Valsartan 80mg; 160mg		
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
			Ridaq 12.5mg	
R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
			Catexan 2.5mg	
			Dapril 2.5mg	
			Mylan Indapamide 2.5mg	
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Spiractin 25mg	
R110	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Plenish-K SR 600mg	
			Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
			Vaxigrip single dose 0.5ml pre-filled	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose vial 0.5ml	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
				Perindopril and diuretics
			Ciplasyl Plus 4/1.25mg	
			Circator Plus 4/1.25mg	
			Pearinda Plus 4/1.25mg	
			Perindopril co Unicorn 4/1.25mg	
			Prexum Plus 5/1.25mg	
			Spec-Perindopril Plus 4/1.25mg	
			Vectoryl Plus 4/1.25mg	
			R85	ACE inhibitors: Plain
	Mylan Captopril 25mg; 50mg			
	Enalapril	Alapren 5mg; 10mg; 20mg		
		Enalapril Unicorn 10mg; 20mg		
		Hypace 5mg		
		Lisinopril		
	Austell-Lisinopril 10mg; 20mg			
	Liso 5mg; 10mg; 20mg			
	Sinopren 5mg; 10mg; 20mg			
	Perindopril			
		Circator 4mg; 8mg		
		Pearinda 4mg; 8mg		
		Perindopril Unicorn 4mg; 8mg		
		Prexum 5mg; 10mg		
		Ran-Perindopril 4mg		
		Reprex 4mg; 8mg		
		Vectoryl 4mg; 8mg		
		Zyace 4mg		
		Quinapril		
	R220	Alpha and Beta blocking agents		
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
			Carvetrend 6.25mg; 12.5mg; 25mg	
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
Losaar Plus 50/12.5mg; 100/25mg				
Losartan comp Biotech 50/12.5mg; 100/25mg				
Zartan co 100/25mg				
Telmisartan and diuretics			Telpres Plus 40/12.5mg; 80/12.5mg	
Valsartan and diuretics			Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg	
			Regoval co 80/12.5mg; 160/12.5mg; 160/25mg	
R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R110	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
				Ciplazar 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 100mg
			Valsartan	Adco-Valsartan 80mg; 160mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Dapril 2.5mg
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Spiractin 25mg	
R110	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Plenish-K SR 600mg	
			Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
			Vaxigrip single dose 0.5ml pre-filled	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose vial 0.5ml	





Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Sandoz Theophylline anhydrous 200mg; 300mg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R860	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
	R100	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml
Vaxigrip single dose 0.5ml pre-filled				
Chronic renal disease	R100	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
				Perindopril and diuretics
			Ciplasyl Plus 4/1.25mg	
			Circator Plus 4/1.25mg	
			Pearinda Plus 4/1.25mg	
			Perindopril co Unicorn 4/1.25mg	
			Prexum Plus 5/1.25mg	
			Spec-Perindopril Plus 4/1.25mg	
			Vectoryl Plus 4/1.25mg	
			R85	
	Mylan Captopril 25mg; 50mg			
	Enalapril	Alapren 5mg; 10mg; 20mg		
		Enalapril Unicorn 10mg; 20mg		
		Hypace 5mg		
		Lisinopril		Adco-Zetomax 5mg; 10mg; 20mg
	Austell-Lisinopril 10mg; 20mg			
	Liso 5mg; 10mg; 20mg			
	Sinopren 5mg; 10mg; 20mg			
	Perindopril			Ciplasyl 4mg
		Circator 4mg; 8mg		
		Pearinda 4mg; 8mg		
		Perindopril Unicorn 4mg; 8mg		
		Prexum 5mg; 10mg		
Ran-Perindopril 4mg				
Reprex 4mg; 8mg				
Vectoryl 4mg; 8mg				
Zyace 4mg				
Quinapril	Accumax 10mg; 20mg			



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Chronic renal disease	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg	
				Losaar Plus 50/12.5mg; 100/25mg	
				Losartan comp Biotech 50/12.5mg; 100/25mg	
				Zartan co 100/25mg	
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg	
			Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg Regoval co 80/12.5mg; 160/12.5mg; 160/25mg	
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg	
				Losartan	Annin 50mg; 100mg
					Ciplazar 50mg; 100mg
					Zaario 50mg; 100mg
					Zartan 100mg
	Valsartan	Adco-Valsartan 80mg; 160mg			
	R300	Calcium supplements	Calcium carbonate	B-cal	
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg	
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml	
				Rautevene ampoule 5ml 100mg/5ml	
				Zypiron vial 5ml 20mg/1ml	
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml	
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml	
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml	
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml	
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml	
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml	
				Aranesp pre-filled syringe 0.4ml 80mcg/0.4ml	
				Aranesp pre-filled syringe 0.5ml 100mcg/0.5ml	
			Erythropoietin	Eprex pre-fill 2000U/0.5ml	
				Eprex pre-fill 4000U/0.4ml	
				Repotin ampoule 1ml 2000U; 4000U	
			Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml	
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml	
Mircera pre-filled syringe 0.3ml 120mcg/0.3ml					
Mircera pre-filled syringe 0.3ml 150mcg/0.3ml					
Mircera pre-filled syringe 0.3ml 200mcg/0.3ml					
Mircera pre-filled syringe 0.3ml 250mcg/0.3ml					
R430	Vitamin D and analogues	Alfacalcidol	One alpha 0.25mcg; 1mcg		
Coronary artery disease	R35	Aspirin: Cardiovascular	Acetylsalicylic acid		
			Aspirin Teva 80mg		
	Myoprin 100mg				
R200		Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg	
	Purbloka 40mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Coronary artery disease	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg	
				B-Block 50mg; 100mg	
				Tenopress 50mg; 100mg	
			Bisoprolol	Adco-Bisocor 5mg; 10mg	
				Betacor 5mg; 10mg	
				Bilocor 5mg; 10mg	
				Bisbeta 5mg; 10mg	
				Bislo 5mg; 10mg	
				Bisoprolol Unicorn 5mg; 10mg	
	Bisozyd 5mg; 10mg				
	R250	Selective calcium channel blockers with direct cardiac effects		Diltiazem	Adco-Zildem 60mg
			Adco-Zildem SR 180mg; 240mg		
			Verapamil	Vasomil 40mg; 80mg	
	Verahexal SR 240mg	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg
					Aprate 5mg; 10mg
	Ciplavasc 5mg; 10mg				
	Gulf Amlodipine 5mg; 10mg				
	Lomanor 5mg; 10mg				
	Pharma Dynamics Amlodipine besylate 5mg; 10mg				
	Felodipine			Felodipine-Hexal 5mg; 10mg	
Plendil 2.5mg; 5mg					
Nifedipine	Cipalat Retard 20mg				
	R250			Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate
Ismo 20mg					
Isosorbide mononitrate		Monicor SR 60mg			
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
				Mezavant 1200mg	
				Pentasa 500mg	
				Pentasa suppository 1000mg	
			Sulfasalazine	Salazopyrin 500mg	
				Salazopyrin EN 500mg	
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema	
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
Panafcort 5mg					
Trolic 5mg					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes insipidus	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
				Ddavp nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720</b>			
	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml
			Insulin Glulisine	Apidra - cartridge 3ml
				Apidra solostar - disposable pen 3ml
	Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml		
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Humulin 30/70 - cartridge 3ml
			Insulin Lispro	Humalog mix 25 - cartridge 3ml; kwikpen 3ml
				Humalog mix 50 - cartridge 3ml; kwikpen 3ml
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
			Insulin Glargine	Basaglar - cartridge 3ml
				Endulin select - pre-filled pen 3ml
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R280	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active
				Accu-chek test strip instant
				Test strip blood glucose clicks bionime gs550
				Test strip freestyle optium glucose
				Test strip glucocheck
				Test strip glucocheck key
				Test strip glucose caresens n 29g
				Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose fora diamond blood
				Test strip glucose on call plus ez
				Test strip onetouch select plus
	R350	Surgical item	Lancets	Lancet blood collection needle loris
Lancet fora collection needle sterile 30g				
Lancet fora tender needle sterile 33g				
Lancet freestyle test				
Lancet glucocheck novicheck				
Lancet solus v2				
Lancet unilet sterile 28g				
Lancet unilet sterile 4cm x 6cm x 7.5cm 28g				
Microlet lancet				
Needles			BD micro fine plus pen needle 30g 8mm	
			BD micro fine plus pen needle 31g	
			BD micro fine plus pen needle 32g 4mm	
			Droplet pen needle 8mm 31g	
			Needle insulin fora pen 31g 5mm	
			Needle insulin fora pen 31g 8mm	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R350	Surgical item	Needles	Needle insulin fora pen 32g 4mm	
				Needle insulin fora pen 32g 6mm	
				Needle novofine	
			Syringes	Syringe insulin 1.0ml with 27g needle	
				Syringe insulin bd microfine 12.7mm 1ml 9g	
				Syringe insulin bd microfine 1ml 8mm 30g	
				Syringe insulin bd microfine 8mm demi 0.3ml 30g	
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg	
				Apex-Metformin 500mg	
				Austell-Metformin 500mg; 850mg	
				Bigsens 500mg; 850mg; 1000mg	
				Diaphage 500mg; 850mg; 1000mg	
				Gluconorm 500mg; 850mg	
				Metformin XR Accord 500mg	
				Mylan Metformin 500mg; 850mg; 1000mg	
				Romidab 500mg; 850mg; 1000mg	
	<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720</b>				
	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml	
				Insulin Glulisine	Apidra - cartridge 3ml
					Apidra solostar - disposable pen 3ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml	
				Insulin Human	Humulin 30/70 - cartridge 3ml
					Humalog mix 25 - cartridge 3ml; kwikpen 3ml
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Lispro	Humalog mix 50 - cartridge 3ml; kwikpen 3ml	
Insulin Detemir				Levemir - pre-filled cartridge 3ml	
				Insulin Glargine	Basaglar - cartridge 3ml
R160	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Endulin select - pre-filled pen 3ml		
			Diagluclide MR 60mg		
			Dyna Gliclazide SR 30mg		
			Glytab MR 30mg		
R215	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg		
			Pioglitazone hydrochloride Macleods 15mg; 30mg		
R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg		
			Myoprin 100mg		
R280	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active		
			Accu-chek test strip instant		
			Test strip blood glucose clicks bionime gs550		
			Test strip freestyle optium glucose		
			Test strip glucocheck		
			Test strip glucocheck key		
			Test strip glucose caresens n 29g		



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R280	Blood glucose monitoring agents	Glucose strips	Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose fora diamond blood
				Test strip glucose on call plus ez
				Test strip onetouch select plus
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
				Needles
			BD micro fine plus pen needle 31g	
			BD micro fine plus pen needle 32g 4mm	
			Droplet pen needle 8mm 31g	
			Needle insulin fora pen 31g 5mm	
			Needle insulin fora pen 31g 8mm	
			Needle insulin fora pen 32g 4mm	
			Needle insulin fora pen 32g 6mm	
			Syringes	Syringe insulin 1.0ml with 27g needle
				Syringe insulin bd microfine 12.7mm 1ml 9g
				Syringe insulin bd microfine 1ml 8mm 30g
				Syringe insulin bd microfine 8mm demi 0.3ml 30g
			Dysrhythmia	R680
Propafenone	Rythmol 150mg; 300mg			
R425	Anti-arrhythmics: class III - Amiodarone	Amiodarone		Arycor 100mg; 200mg
				Bio-Amiodarone 200mg
				Hexarone 100mg; 200mg
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin		Cipla-Warfarin 5mg
R35	Aspirin: Cardiovascular	Acetylsalicylic acid		Aspirin Teva 80mg
				Myoprin 100mg
R200	Beta blocking agents: Non-selective	Propranolol		Indoblok 40mg
				Purbloka 40mg
		Sotalol		Sotahexal 80mg; 160mg
R80	Beta blocking agents: Selective	Atenolol		Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
		Bisoprolol		Adco-Bisocor 5mg; 10mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Dysrhythmia	R80	Beta blocking agents: Selective	Bisoprolol	Betacor 5mg; 10mg	
				Bilocor 5mg; 10mg	
				Bisbeta 5mg; 10mg	
				Bislo 5mg; 10mg	
				Bisoprolol Unicorn 5mg; 10mg	
				Bisozyd 5mg; 10mg	
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R250	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg		
			Verahexal SR 240mg		
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg	
	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Rivotril 0.5mg; 2mg	
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg	
				Tegretol CR 200mg; 400mg	
				Zeptol 200mg	
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
				Convulex syrup 250mg/5ml	
				Epilim crushable 100mg	
				Epilim sugar-free syrup 200mg/5ml	
				Eprolep CR 200mg; 300mg; 500mg	
				Navalpro CR 200mg; 300mg; 500mg	
				Valeptic CR 300mg; 500mg	
	R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg	
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
				Epitec 25mg; 50mg; 100mg; 200mg	
				Girotec 50mg; 100mg; 200mg	
				Serinem 25mg; 50mg; 100mg; 200mg	
Levetiracetam			Dyna Levetiracetam 250mg; 500mg; 750mg		
			Epikepp 250mg; 500mg; 750mg		
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg		
			Folic acid 5mg		
Glaucoma	R215	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%	
				Trusopt 5ml owi 2%	
	R245	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01%	
				Latanoprost	Atana 2.5ml 50mcg/1ml
					Spersatan 2.5ml 50mcg/1ml
					Xalatan 2.5ml 50mcg/1ml
				Tafluprost	Saftutan single dose container 0.3ml 15mcg/1ml
	Travoprost	Travatan 2.5ml 0.004%			
R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml		



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Glaucoma	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Brimoct 5ml 2mg/1ml	
	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%	
				Timoptol-xe 2.5ml 0.5%	
	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml	
				Co-Atana 2.5ml	
				Combigan 5ml 2mg/5mg	
				Cosopt 5ml 0.5%	
				Duotrav 2.5ml	
				Ganfort 3ml	
				Glaumide-co 5ml	
				Glauopt co 5ml	
				Ocudor co 5ml	
Xalacom 2.5ml					
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg	
				Adco-Prolief 500mg	
				Cetapon 500mg	
				Painogesic 500mg	
	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranic 500mg	
	R50 000	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U	
				Octanine F vial 30ml 250U; 500U; 1000U	
			Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U	
				Octanate vial 5ml 250U	
	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddvp 0.1mg; 0.2mg	
				Ddvp nasal spray 5ml 0.1mg/1ml	
	Hyperlipidaemia	R335	Lipid modifying agent combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
R300		Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg	
				Sandoz Bezafibrate 400mg	
R55		Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg	
				Aspavor 10mg; 20mg; 40mg	
				Astor 10mg; 20mg; 40mg; 80mg	
				Dezzolip 10mg; 20mg; 40mg; 80mg	
			Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg	
				Austell-Simvastatin 10mg; 20mg; 40mg	
				Choleste 10mg; 20mg; 40mg	
				Cipla-Simvastatin 10mg; 20mg; 40mg	
				Simvacor 10mg; 20mg; 40mg	
R185	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg		
			R100	ACE inhibitors and diuretics	Enap co 20/12.5mg
					Lisinopril and diuretics
			Lisinopril co Unicorn 10/12.5mg; 20/12.5mg		





Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	ACE inhibitors and diuretics	Lisinopril and diuretics	Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Spec-Perindopril Plus 4/1.25mg
				Vectoryl Plus 4/1.25mg
	R210	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg
	R85	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Ciplasyl 4mg
				Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 5mg; 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
	Quinapril	Accumax 10mg; 20mg		
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
Carvetrend 6.25mg; 12.5mg; 25mg				
R210	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Copalia 5/160mg; 10/160mg	
R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg	
			Losaar Plus 50/12.5mg; 100/25mg	
			Losartan comp Biotech 50/12.5mg; 100/25mg	
			Zartan co 100/25mg	
		Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg	
		Valsartan and diuretics	Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg	
Regoval co 80/12.5mg; 160/12.5mg; 160/25mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R225	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Ciplazar 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 100mg
	Valsartan	Adco-Valsartan 80mg; 160mg		
	R190	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
				Urodoxa 4mg
	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Mylan Methyldopa 250mg
	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hyperphen 10mg; 50mg
				Sandoz Hydralazine 25mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
	Bisozyd 5mg; 10mg			
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
Catexan 2.5mg				
Daptril 2.5mg				
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
			Spiractin 25mg	
R110	Potassium supplements	Potassium chloride	Plenish K 600mg	
			Plenish-K SR 600mg	
			Ultipot 600mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem 60mg
				Adco-Zildem SR 180mg; 240mg
			Verapamil	Vasomil 40mg; 80mg
				Verahexal SR 240mg
	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodipine Unicorn 5mg; 10mg
				Aprate 5mg; 10mg
				Ciplavasc 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Lomanor 5mg; 10mg
				Pharma Dynamics Amlodipine besylate 5mg; 10mg
			Felodipine	Felodipine-Hexal 5mg; 10mg
			Plendil 2.5mg; 5mg	
Nifedipine	Cipalat Retard 20mg			
Hypothyroidism	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg
Multiple sclerosis	R95	Anti-depressants: Tricyclics	Amitriptyline	Gulf Amitriptyline 25mg
				Sandoz Amitriptyline 25mg
				Trepiline 10mg
	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
			Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml
	Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml 125mcg/0.5ml		
R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Parkinson's disease	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R570	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R700	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg
Teva Carbi-Levo 25/100mg; 25/250mg				
Rheumatoid arthritis	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Mylan Naproxen 250mg
				Naproscript 250mg
R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Folic acid 5mg	
R980	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg	
			Salazopyrin EN 500mg	
R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Schizophrenia	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Marprem 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Deprozan 20mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Schizophrenia	R140	Anti-depressants: SSRI's	Fluoxetine	Fluoxetine 20 Oethmaan 20mg		
				Prolax 20mg		
				Zydus Fluoxetine 20mg		
			Sertraline	Dyna Sertraline 50mg; 100mg		
				Serdep 50mg; 100mg		
				Serlife 50mg; 100mg		
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg		
				Tegretol CR 200mg; 400mg		
				Zeptol 200mg		
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg		
				Cloment 25mg; 100mg		
	R500	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg		
				Zolanz 5mg; 10mg		
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg		
	R295	Anti-psychotics: Quetiapine	Quetiapine	Dopaquel 25mg; 100mg; 200mg; 300mg		
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg		
				Psyquet 25mg; 100mg; 200mg; 300mg		
				Truvalin 25mg; 100mg; 200mg; 300mg		
				Zimbiquet 25mg; 100mg; 200mg; 300mg		
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg		
				Fluanxol depot 1ml 20mg		
			Zuclopenthixol	Clopixol 2mg; 10mg		
				Clopixol depot 200mg		
R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg			
			Arizofy 5mg; 10mg; 15mg			
R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg			
			Rispacor 1mg; 2mg; 3mg			
			Rispide 0.5mg; 1mg; 2mg			
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg			
			Zoxadon odt 0.5mg; 1mg; 2mg			
Systemic lupus erythematosus (SLE)	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg		
				A-Lennon Diclofenac 25mg; 50mg		
				Diclofenac Biotech 25mg		
				Mylan Diclofenac 25mg; 50mg		
				Panamor AT 50mg		
			Indomethacin	Betacin 25mg		
				Gulf Indomethacin 25mg		
				Methocaps 25mg		
			R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
			Coxflam 7.5mg			
	Flexocam 7.5mg					
	Medoxicam 7.5mg					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R60	Anti-inflammatory agents: Oxicams	Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
				Naproxen 250mg
				Naproscript 250mg
	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
			Topivate cream 0.1%	
			Vari-Betamethasone cream 0.1%	
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
			Mezavant 1200mg	
			Pentasa 500mg	
		Mesalazine	Pentasa suppository 1000mg	
		Sulfasalazine	Salazopyrin 500mg	
			Salazopyrin EN 500mg	
R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema	
R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Ulcerative colitis	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg



**The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) Enhanced medicine list for Anglovaal Group Medical Scheme**

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R270	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Lumont 4mg; 5mg; 10mg
				Sintrine 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
Fluticasone				Flomist 120 dose 50mcg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R410	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R265	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R265	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R265	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R545	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
R265	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/100; 50/250; 50/500	
			Sereflo HFA 120 dose 25/50; 25/125; 25/250	
			Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250	
R265	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg	
Chronic renal disease	R255	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Clopidogrel Unicorn 75mg
				Pharma Dynamics Clopidogrel 75mg
				Plagrol 75mg
				Zyklot 75mg
Diabetes mellitus Type 2	R225	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg
	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
				Byetta disposable pen 60 dose 2.4ml 10mcg/dose
R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg	
Rheumatoid arthritis	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg





## **Complaints process**

You may lodge a complaint or query with Anglovaal Group Medical Scheme directly on **0860 100 693** or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Anglovaal Group Medical Scheme's internal disputes process. Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za). Customer Care Centre: **0861 123 267**/website [www.medicalschemes.co.za](http://www.medicalschemes.co.za)