

Chronic Illness Benefit medicine list (Provisional Formulary) 2023

Who we are

The Anglovaal Group Medical Scheme (referred to as "the Scheme"), registration number 1571, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Anglovaal Group Medical Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

Anglovaal Group Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Contact us

You can call us on **0860 100 693** or visit www.avgms.co.za for more information.

Explanation of terms

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2023 only.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.

The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) medicine list for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
				Beclate 200 dose 50mcg; 100mcg; 200mcg
				Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
				Pulmicort turbuhaler 200 dose 200mcg
			Ciclesonide	Ciclovent 60 dose 80mcg; 160mcg
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500
				Foxair accuhaler 60 dose 50/500
				Sereflo DPI 60 dose 50/100; 50/250
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolie 5mg
Bipolar mood disorder	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
			Fluoxetine	Doprozan 20mg
				Fluoxetine 20 Oethmaan 20mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R130	Anti-depressants: SSRI's	Fluoxetine	Prolax 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serlife 50mg; 100mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Clozapine Oethmaan 25mg; 100mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	Anti-psychotics: Olanzapine	Olanzapine	Oleanz 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
				Zylena 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Truvalin 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
	Abipip ODT 10mg; 15mg			
	Apripient 5mg; 10mg; 15mg			
	Aprizton 5mg; 10mg; 15mg			
	Aridus 10mg; 15mg			
	Aripiprazole Mylan 5mg; 10mg; 15mg			
	Aripiprazole Teva 5mg; 10mg; 15mg			
	Arizofy 5mg; 10mg; 15mg			
	Priptrin 10mg; 15mg			

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
				Rispacor 0.5mg; 1mg; 2mg; 3mg
				Rispide 0.5mg; 1mg; 2mg
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
				Zoxadon ODT 0.5mg; 1mg; 2mg
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolie 5mg
Cardiac failure	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Lisozide 10/12.5mg; 20/12.5mg
				Bioprexum Plus 10/2.5mg
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Astell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Ciplasyl 4mg
				Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R220	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn	6.25mg; 12.5mg; 25mg
				Carvetrend	6.25mg; 12.5mg; 25mg
				Rubitrend	12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Astell Losartan co	50/12.5mg
				Co-Normoten	50/12.5mg; 100/25mg
				Losaar Plus	50/12.5mg; 100/25mg
				Losartan comp Biotech	50/12.5mg; 100/25mg
				Sartoc-co	50/12.5mg; 100/25mg
				Zartan co	50/12.5mg; 100/25mg
			Telmisartan and diuretics	Telpres Plus	40/12.5mg; 80/12.5mg
				Tesar co	40/12.5mg; 80/12.5mg
				Ticarda Plus	40/12.5mg; 80/12.5mg
				Tremistan Plus	40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Regoval co	80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan	150mg; 300mg
			Losartan	Annin	50mg; 100mg
				Astell Losartan	50mg; 100mg
				Losartan Accord	50mg; 100mg
				Zaario	50mg; 100mg
			Valsartan	Zartan	50mg; 100mg
				Adco-Valsartan	80mg; 160mg
				Regoval	80mg; 160mg
				Vasovan	80mg; 160mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara	25mg
				Hyperphen	10mg; 50mg
	R70	Beta blocking agents: Selective	Bisoprolol	Bisbeta	5mg; 10mg
				Emcor	5mg; 10mg
				Presicard	5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin	0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup	0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Defulide	40mg
				Dino-Retic	40mg
				Diuresix	40mg
				Furobe	40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide	25mg
				Ridaq	12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax	2.5mg
				Catexan	2.5mg
				Cipla-Indapamide	2.5mg
	R120	Potassium sparing agents	Spironolactone	Spiractin	25mg
	R110	Potassium supplements	Potassium chloride	Plenish-K SR	600mg
				Ultipot	600mg
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg
			Isosorbide mononitrate	Ismo	20mg
				Monicor SR	60mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R145	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml
				Influvac tetra single dose 0.5ml pre-filled syringe
	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe
Cardiomyopathy	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Lisozide 10/12.5mg; 20/12.5mg
				Bioprexum Plus 10/2.5mg
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
			Enalapril	Mylan Captopril 25mg; 50mg
				Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
			Lisinopril	Hypace 5mg
				Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
			Perindopril	Sinopren 5mg; 10mg; 20mg
				Ciplasyl 4mg
				Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg			
	Carvetrend 6.25mg; 12.5mg; 25mg			
	Rubitrend 12.5mg; 25mg			
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
			Losartan	Jubitan 150mg; 300mg
				Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
			Valsartan	Zaario 50mg; 100mg
				Zartan 50mg; 100mg
				Adco-Valsartan 80mg; 160mg
				Regoval 80mg; 160mg
				Vasovan 80mg; 160mg
R85		Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
R100		Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
R35		Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
R70		Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
R35		Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
R40		High-ceiling diuretics	Furosemide	Defulide 40mg
				Dino-Retic 40mg
				Diuresix 40mg
				Furobe 40mg
R15		Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
R25		Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
R120		Potassium sparing agents	Spironolactone	Spiractin 25mg
R110		Potassium supplements	Potassium chloride	Plenish-K SR 600mg
				Ultipot 600mg
R250		Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
			Isosorbide mononitrate	Ismo 20mg
				Monicor SR 60mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R145	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml
				Influvac tetra single dose 0.5ml pre-filled syringe
	R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
	Ventimax CFC free 200 dose 100mcg			
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R886	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolie 5mg
Chronic renal disease	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Influvac 0.5ml
				Influvac tetra single dose 0.5ml pre-filled syringe
				Vaxigrip tetra single dose 0.5ml pre-filled syringe
			Lisinopril and diuretics	Enap co 20/12.5mg
				Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg
				Bioprexum Plus 10/2.5mg
				Ciplasyl Plus 4/1.25mg
	R75	ACE inhibitors: Plain	Perindopril and diuretics	Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
			Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
		Enalapril	Alapren	5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Astell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
		Perindopril	Ciplasyl	4mg
				Circator 4mg; 8mg
				Pearinda 4mg; 8mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Chronic renal disease	R75	ACE inhibitors: Plain	Perindopril	Perindopril Unicorn 4mg; 8mg		
				Prexum 10mg		
				Ran-Perindopril 4mg		
				Reprex 4mg; 8mg		
				Spec-Perindopril 4mg; 8mg		
				Vectoryl 4mg; 8mg		
				Zyace 4mg		
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg		
				Co-Normoten 50/12.5mg; 100/25mg		
				Losaar Plus 50/12.5mg; 100/25mg		
			Telmisartan and diuretics	Losartan comp Biotech 50/12.5mg; 100/25mg		
				Sartoc-co 50/12.5mg; 100/25mg		
				Zartan co 50/12.5mg; 100/25mg		
				Telpres Plus 40/12.5mg; 80/12.5mg		
			Valsartan and diuretics	Tesar co 40/12.5mg; 80/12.5mg		
				Ticarda Plus 40/12.5mg; 80/12.5mg		
				Tremistan Plus 40/12.5mg; 80/12.5mg		
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg		
R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg			
		Losartan	Annin 50mg; 100mg			
			Austell Losartan 50mg; 100mg			
			Losartan Accord 50mg; 100mg			
			Zaario 50mg; 100mg			
		Valsartan	Zartan 50mg; 100mg			
			Adco-Valsartan 80mg; 160mg			
			Regoval 80mg; 160mg			
			Vasovan 80mg; 160mg			
R300	Calcium supplements	Calcium carbonate	B-cal			
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg		
			Folic acid	5mg		
R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate	75mg		
R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml	50mg/1ml		
			Equifer ampoule 5ml	100mg/5ml		
			Rautevene ampoule 5ml	100mg/5ml		
			Zypiron vial 5ml	20mg/1ml		
R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml	10mcg/0.4ml		
			Aranesp pre-filled syringe 0.5ml	20mcg/0.5ml		
			Aranesp pre-filled syringe 0.3ml	30mcg/0.3ml		
			Aranesp pre-filled syringe 0.4ml	40mcg/0.4ml		
			Aranesp pre-filled syringe 0.5ml	50mcg/0.5ml		
			Aranesp pre-filled syringe 0.3ml	60mcg/0.3ml		
			Aranesp pre-filled syringe 0.4ml	80mcg/0.4ml		
			Aranesp pre-filled syringe 0.5ml	100mcg/0.5ml		
	Erythropoietin	Eprex pre-fill	Eprex pre-fill	2000U/0.5ml		
			Eprex pre-fill	4000U/0.4ml		
		Repotin ampoule 1ml		2000U; 4000U		

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Chronic renal disease	R3 340	Other anti-anaemic preparations	Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml	50mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	75mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	100mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	120mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	150mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	200mcg/0.3ml
				Mircera pre-filled syringe 0.3ml	250mcg/0.3ml
	R365	Vitamin D and analogues	Alfacalcidol	Zodoray	0.25mcg; 1mcg
Coronary artery disease	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
				Myoprin	100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok	40mg
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol	50mg; 100mg
				B-Block	50mg; 100mg
				Tenopress	50mg; 100mg
			Bisoprolol	Adco-Bisocor	5mg; 10mg
				Bisbeta	5mg; 10mg
				Emcor	5mg; 10mg
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Presicard	5mg; 10mg
				Adco-Zildem SR	180mg; 240mg
			Verapamil	Verahexal 240 SR	240mg
				Verapamil 40 Oethmaan	40mg
	R90	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg
				Amlodac	5mg; 10mg
				Amlodipine Unicorn	5mg; 10mg
				Amtas	5mg; 10mg
				Aprate	5mg; 10mg
				Astell-Amlodipine	5mg; 10mg
				Besyloc	5mg; 10mg
				Ciplavasc	5mg; 10mg
				Lomanor	5mg; 10mg
			Felodipine	Felodipine Kiara	5mg; 10mg
			Nifedipine	Cipalat Retard	20mg
				Cipalat XR	30mg; 60mg
				Fedaloc SR	30mg; 60mg
				Fidocare XL	30mg; 60mg
				Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
Crohn's disease	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide mononitrate	Ismo	20mg
				Monicor SR	60mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Folic acid	5mg
				Asacol	400mg; 800mg
				Asacol suppository	500mg
				Mezavant	1200mg
				Pentasa	500mg
			Sulfasalazine	Pentasa suppository	1000mg
				Salazopyrin	500mg
				Salazopyrin EN	500mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Crohn's disease	R1 940	Intestinal anti-inflammatory agents: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml
	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
				Imuran 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolie 5mg
Diabetes insipidus	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
				Ddavp nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720			
	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml
				Novorapid - penfill 3ml
				Insulin Glulisine Apidra - cartridge 3ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog - cartridge 3ml
				Diabulyn 30/70 - cartridge 3ml
				Humalog mix 25 - cartridge 3ml
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Humalog mix 50 - cartridge 3ml
				Levemir - pre-filled cartridge 3ml
	R35	Aspirin: Cardiovascular	Insulin Glargine	Optisulin - cartridge 3ml
				Aspirin Teva 80mg
	R200	Blood glucose monitoring agents	Glucose strips	Myoprin 100mg
				Accu-check test strip glucose active
				Accu-check test strip glucose instant
				Glucocard key test strip
				Glucocard test strip
				Onetouch select plus test strips
				Test strip blood glucose clicks bionime gs550
				Test strip freestyle optium glucose
				Test strip glucose blood fora 6
				Test strip glucose caresens n 29g
	R350	Surgical item	Lancets	Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose fora diamond blood
				Test strip vci ce 50 via
				Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	R350	Surgical item	Lancets	Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm BD micro fine plus pen needle 31g BD micro fine plus pen needle 32g 4mm Droplet pen needle 8mm 31g Needle insulin fora pen 31g 5mm Needle insulin fora pen 31g 8mm Needle insulin fora pen 32g 4mm Needle insulin fora pen 32g 6mm Needle insulin pen verifine 4mmx10cmx15cm 32g Needle insulin pen verifine 4mmx10cmx15cm 33g Needle novofine
			Syringes	Syringe insulin 1.0ml with 27g needle Syringe insulin bd microfine 12.7mm 1ml 9g Syringe insulin bd microfine 1ml 8mm 30g Syringe insulin bd microfine 8mm demi 0.3ml 30g
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg Apex-Metformin 500mg Astell-Metformin 500mg; 850mg Diaphage 500mg; 850mg; 1000mg Gluconorm 500mg; 850mg Mylan Metformin 500mg; 850mg; 1000mg Romidab 500mg; 850mg; 1000mg
Please note that an overall monthly limit applies to Insulins across the different Insulin classes				
The overall monthly limit is R720				
R505		Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml Novorapid - penfill 3ml
			Insulin Glulisine	Apidra - cartridge 3ml
			Insulin Lispro	Humalog - cartridge 3ml
			Insulin Human	Diabulyn 30/70 - cartridge 3ml
R720		Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog mix 25 - cartridge 3ml Humalog mix 50 - cartridge 3ml
			Insulin Detemir	Levemir - pre-filled cartridge 3ml
			Insulin Glargine	Optisulin - cartridge 3ml
R440		Anti-diabetic agents: Long-acting Insulins	Gliclazide	Diaglucide MR 60mg Diaran MR 30mg Dyna Gliclazide SR 30mg Gliclazide MR Austell 30mg; 60mg Gliclazide Unicorn MR 30mg Glytab MR 30mg
			Pioglitazone	Cipla-Pioglitazone 15mg; 30mg Pioglitazone hydrochloride Macleods 15mg; 30mg
			Acetylsalicylic acid	Aspirin Teva 80mg Myoprin 100mg
			Glucose strips	Accu-check test strip glucose active Accu-check test strip glucose instant Glucocard key test strip

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R200	Blood glucose monitoring agents	Glucose strips	Glucocard test strip
				Onetouch select plus test strips
				Test strip blood glucose clicks bionime gs550
				Test strip freestyle optium glucose
				Test strip glucose blood fora 6
				Test strip glucose caresens n 29g
				Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose fora diamond blood
				Test strip vci ce 50 via
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
			Needles	Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
				BD micro fine plus pen needle 30g 8mm
			Syringes	BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
				Droplet pen needle 8mm 31g
				Needle insulin fora pen 31g 5mm
				Needle insulin fora pen 31g 8mm
			Syringes	Needle insulin fora pen 32g 4mm
				Needle insulin fora pen 32g 6mm
				Needle insulin pen verifine 4mmx10cmx15cm 32g
				Needle insulin pen verifine 4mmx10cmx15cm 33g
				Needle novofine
Dysrhythmia	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
				Tambocor CR 100mg; 200mg
	R370	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R70	Beta blocking agents: Selective	Bisoprolol	Bisbeta 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg
				Verapamil 40 Oethmaan 40mg
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R300	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
			Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
				Epikett 250mg; 500mg; 750mg
				Levetiracetam Unicorn 250mg; 750mg
				Redilev 250mg; 500mg; 750mg
			Topiramate	Epimate 25mg; 50mg; 100mg; 200mg
				Toplep 25mg; 50mg; 100mg; 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
Glaucoma	R210	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucopress 5ml 2%
				Trusopt 5ml owi 2%
	R210	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01%
			Latanoprost	Atana 2.5ml 50mcg/1ml
				Spersatan 2.5ml 50mcg/1ml
			Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml
			Travoprost	Travatan 2.5ml 0.004%
	R210	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
				Brimoct 5ml 2mg/1ml
R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%	Timoptol-xe 2.5ml 0.5%

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Glaucoma	R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml
				Co-Atana 2.5ml
				Combigan 5ml 2mg/5mg
				Cosopt 5ml 0.5%
				Duot trav 2.5ml
				Ganfort 3ml
				Glaumide-co 5ml
				Glauopt co 5ml
				Ocudor co 5ml
				Xalam com 2.5ml
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg
				Adco-Pro lief 500mg
				Cetapon 500mg
	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Fibtin 500mg
				Haemosolvate VIII 300U; 500U; 1000U
				Octanate vial 5ml 250U
				Octanate vial 10ml 500U; 1000U
	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvex IX 500U
				Octanine F vial 30ml 250U; 500U; 1000U
			Coagulation factor IX	Ddavp 0.1mg; 0.2mg
				Ddavp nasal spray 5ml 0.1mg/1ml
Hyperlipidaemia	R335	Lipid modifying agent: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
				Bezalip Retard 400mg
	R275	Lipid modifying agents: Fibrates	Bezafibrate	Sandoz Bezafibrate 400mg
				Adco Atorvastatin 10mg; 20mg; 40mg
	R55	Lipid modifying agents: Statins	Atorvastatin	Aspavor 10mg; 20mg; 40mg
				Astor 10mg; 20mg; 40mg
				Cholmin 10mg; 20mg; 40mg
				Dezzolip 10mg; 20mg; 40mg; 80mg
				Dynator 10mg; 20mg; 40mg; 80mg
				Lipogen 10mg; 20mg; 40mg; 80mg
				Simvastatin
			Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
				Astell-Simvastatin 10mg; 20mg; 40mg
				Choleste 10mg; 20mg; 40mg
				Cipla-Simvastatin 10mg; 20mg; 40mg
				Simvacor 10mg; 20mg; 40mg
				Simvotin 10mg; 20mg; 40mg
Hypertension	R130	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg
				Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg
				Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Lisinopril and diuretics	Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
				Lisozide 10/12.5mg; 20/12.5mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Bioprexum Plus 10/2.5mg
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R190	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg
R75	ACE inhibitors: Plain	Captopril	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
		Enalapril	Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
		Lisinopril	Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
		Perindopril	Perindopril	Ciplasyl 4mg
				Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Spec-Perindopril 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
R220	Alpha and Beta blocking agents	Carvedilol	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
R200	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Valsartan and Amlodipine	Calsar 5/80mg; 5/160mg; 10/160mg
				Dafiro 5/160mg; 10/160mg
				Valduo 5/160mg; 10/160mg
				Valvasc 5/160mg; 10/160mg
R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Losartan and diuretics	Astell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
	Telmisartan and diuretics	Telmisartan and diuretics	Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Ticarda Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Tremistan Plus 40/12.5mg; 80/12.5mg
	R215	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Astell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Zaario 50mg; 100mg
			Valsartan	Zartan 50mg; 100mg
				Adco-Valsartan 80mg; 160mg
				Regoval 80mg; 160mg
				Vasovan 80mg; 160mg
	R200	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
				Urodoxa 4mg
	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Mylan Methyldopa 250mg
	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R125	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Dino-Retic 40mg
				Diuresix 40mg
				Eurobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg
	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
				Ultipot 600mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Hypertension	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg	
			Verapamil	Verahexal SR 240mg	
				Verapamil 40 Oethmaan 40mg	
	R90	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg	
				Amlodac 5mg; 10mg	
				Amlodipine Unicorn 5mg; 10mg	
				Amtas 5mg; 10mg	
				Aprate 5mg; 10mg	
				Astell-Amlodipine 5mg; 10mg	
				Besyloc 5mg; 10mg	
				Ciplavasc 5mg; 10mg	
				Lomanor 5mg; 10mg	
			Felodipine	Felodipine Kiara 5mg; 10mg	
Hypothyroidism	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg	
Multiple sclerosis	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell 10mg	
				Amitriptyline HCl Kiara 25mg	
				Gulf Amitriptyline 25mg	
				Trepiline 10mg	
	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg	
				Oxyrest 5mg	
	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml	
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml	
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml	
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml	
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml	
			Interferon Beta-1B	Betaferon pre-filled syringe 1ml 960000U/1ml	
			Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml 125mcg/0.5ml	
Parkinson's disease	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg	
	R505	Dopamine agonists	Pramipexole	Oxpolo 0.125mg; 0.25mg	
				Pexasp 0.125mg; 0.25mg; 1mg	
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg	
	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg	
				Rasapar 1mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Parkinson's disease	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg
				Teva Carbi-Levo 25/100mg; 25/250mg
Rheumatoid arthritis	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
			Panamor AT	50mg
	R60	Anti-inflammatory agents: Oxicams	Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
			Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Flexocam 7.5mg
				Medoxicam 7.5mg
				Piroxicam Pyrocaps 20mg
				Roxifen 20mg
				Betaprofen 200mg
	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
	R10	Folic acid and derivatives	Naproxen	Napinflam 250mg
				Naproscript 250mg
				Plasmoquine 200mg
				Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
				Azamun 50mg
				Azathioprine PCH 50mg
				Imuran 50mg
	R110	Other immunosuppressive agents: Azathioprine	Methotrexate	Abitrexate 2.5mg
				Lunar 20mg
				Ravalef 10mg; 20mg
				Rheumalef 10mg; 20mg
				Be-Tabs Prednisone 5mg
	R775	Selective immunosuppressive agents: Leflunomide	Prednisone	Panafcort 5mg
				Trolic 5mg
				Recita 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
Schizophrenia	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Recita 20mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R130	Anti-depressants: SSRI's	Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine 20 Oethmaan 20mg
			Sertraline	Prolax 20mg
				Dyna Sertraline 50mg; 100mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Serlife 50mg; 100mg
				Degranol 200mg
				Tegretol CR 200mg; 400mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Zeptol 200mg
				Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Valeptic CR 300mg; 500mg
				Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Serinem 25mg; 50mg; 100mg; 200mg
				Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Clozapine Oethmaan 25mg; 100mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	Anti-psychotics: Olanzapine	Olanzapine	Oleanz 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
				Zylena 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Truvalin 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopentixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Abipip ODT 10mg; 15mg
				Apripient 5mg; 10mg; 15mg
				Aprizone 5mg; 10mg; 15mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Schizophrenia	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Aridus 10mg; 15mg	
				Aripiprazole Mylan 5mg; 10mg; 15mg	
				Aripiprazole Teva 5mg; 10mg; 15mg	
				Arizofy 5mg; 10mg; 15mg	
				Priptrin 10mg; 15mg	
	R360		Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispide 0.5mg; 1mg; 2mg	
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
				Zoxadon ODT 0.5mg; 1mg; 2mg	
Systemic lupus erythematosus (SLE)	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg	
				A-Lennon Diclofenac 25mg; 50mg	
				Diclofenac Biotech 25mg	
				Mylan Diclofenac 25mg; 50mg	
				Panamor AT 50mg	
			Indomethacin	Betacin 25mg	
				Gulf Indomethacin 25mg	
				Methocaps 25mg	
			Meloxicam	Adco-Meloxicam 15mg	
				Coxflam 7.5mg	
	R60	Anti-inflammatory agents: Oxicams		Flexocam 7.5mg	
				Medoxicam 7.5mg	
				Piroxicam Pyrocaps 20mg	
				Roxifen 20mg	
		Ibuprofen	Betaprofen 200mg		
	R45		Anti-inflammatory agents: Propionic acid derivatives		Betaprofen FC 400mg
					Bren 400mg
					Ibucine 200mg; 400mg
					Ibunate 200mg
					Ibusor 200mg
		Naproxen	Napinflam 250mg		
			Naproscript 250mg		
	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg	
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
				Myoprin 100mg	
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp	
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
				Imuran 50mg	
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Systemic lupus erythematosus (SLE)	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
				Topivate cream 0.1%	
				Vari-Betamethasone cream 0.1%	
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
				Folic acid 5mg	
	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
				Asacol suppository 500mg	
				Mezavant 1200mg	
				Pentasa 500mg	
				Pentasa suppository 1000mg	
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Salazopyrin 500mg	
				Salazopyrin EN 500mg	
	R660	Other immunosuppressive agents: Azathioprine	Azathioprine	Entocord enema 0.02mg/1ml	
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Azamun 50mg	
				Azathioprine PCH 50mg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Imuran 50mg	
				Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	

The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) Enhanced medicine list for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R225	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Belair 4mg; 5mg; 10mg
				Kulair 4mg; 5mg; 10mg
				Sintrine 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
			Fluticasone	Fluticasone OTC Teva 120 dose 50mcg
Cardiac failure	R340	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Duforzig 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R385	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R410	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
				Tiotor 30 inh capsules with zelphir inhaler
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500
				Foxair accuhaler 60 dose 50/500
				Sereflo DPI 60 dose 50/100; 50/250
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg
Chronic renal disease	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Acticlop 75mg
				Clopidogrel Unicorn 75mg
				Clovexa 75mg
				Deplatt 75mg
				Pharma Dynamics Clopidogrel 75mg

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Plagrol 75mg
Diabetes mellitus Type 2	R285	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg
	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
	R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg
	R340	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Duforzig 10mg
Multiple sclerosis	R7 000	Cytokines and immunomodulators - Other	Glatiramer acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
	R6 160	Selective immunosuppressive agents	Fingolimod	Myelenea 0.5mg
			Teriflunomide	Aubagio 14mg
Rheumatoid arthritis	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Colcibra 100mg; 200mg
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Colcibra 100mg; 200mg
				Coxleon 100mg; 200mg

Monthly limit amounts for diabetes consumables

The monthly limit amounts below apply to the consumables for continuous glucose monitors and insulin pumps for the management of Diabetes mellitus Type 1.

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 560 (for members < 18 years)	Continuous glucose monitoring sensors
	R1 170 (for members ≥ 18 years)	
	R1 552	Insulin pump reservoirs and infusion sets

Complaints process

You may lodge a complaint or query with Anglovaal Group Medical Scheme directly on **0860 100 693** or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Anglovaal Group Medical Scheme's internal disputes process. Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email complaints@medicalschemes.co.za. Customer Care Centre: **0861 123 267**/website www.medicalschemes.co.za