



Rockies Gerald Fox Memorial Race with Discovery Vitality

Everything you need to know


Can't wait to take on the second race in the iconic Johannesburg Vitality Run Series? That makes all of us! Before you take on the road, here are a few things you need to know for a smooth and unforgettable experience.

Vitality points

Discovery Vitality members receive bonus Vitality points for completing the race. Points will be allocated automatically.

Race info and route updates

Date: Sunday, 12 July 2026

 **Start times:** 21.1 km – 07:30 | 10 km – 07:30 | 5 km – 08:00

 **21km and 10km start venue:** Jan Smuts Drive cnr Dundalk

 **5km start venue:** Zoo Lake Sports Club, Prince of Wales Drive

 **Finish venue:** All distances finish inside the zoo



Race pack collection

Friday, 10 July 2026 and Saturday, 11 July 2026 | 09h00 – 16h00

Parktown Girls High School

School main gate, 55 Crief Road, Parkview

Sunday, 12 July 2026

21km and 10km: Before the race event from 05h30 at the Zoo (Jan Smuts Parking)

5km: Before the race event from 05h30 at Zoo Lake Sports Club

Licences & race numbers

- 2026 ASA licences must be worn on the front and back of your running vest.
- If you do not have a permanent 2026 ASA licence, you must purchase and wear a temporary licence on race day.
- 5 km entrants do not require a temporary licence.
- Your official race number must be worn on the front of your vest, clearly visible, and must not cover the sponsor on your ASA licence.



Getting there & parking

Designated parking areas:

Please do not park on the race route.

- Zoo parking lot: No charge
- Holy Family College: No charge
- War Memorial: No charge
- Zoo Lake Sports Club: No charge
- Parktown Girls: No charge

Shuttle service is available between Zoo Lake Sports Club, Parktown Girls and the Zoo, before and afterwards.



Race day essentials

- All events are timed mat-to-mat. Your timing chip is attached to your race number. Don't crumple, bend or fold your bib, as this may damage the chip.
- Refreshment stations will be available on route at approximately every 3 km.
- Medical support will be available at the venue and along the route.
- Prize giving takes place at 09h30.

Make your race meaningful

Give2Move shoe donation - Bring your pre-loved (or new) running shoes to the race or race number collection. Our Vitality Give2Move donation bins will be waiting outside the Team Vitality VIP hospitality your old shoes could inspire new dreams.



Team Vitality members

We'll be waiting for you at our VIP hospitality with tea or coffee to warm you up for the race. Team Vitality members will enjoy dedicated hospitality access, refreshments and recovery support, and a shared space to connect with the community.

Fast track your Team Vitality membership verification and avoid queues accessing hospitality on race day by getting your verification sticker at race number collections.

NB!! To support our runners on the day, catering will be prioritised for Team Vitality members who have taken part in the race.



Let's paint the socials pink

Let's make the 2026 Rockies Gerald Fox Memorial Race with Discovery Vitality one for the books! Share your snaps and special moments on social media and tag us:

Facebook: @discoveryvitality | **X:** @Vitality_SA | **Instagram:** @vitalitysa_

Use the hashtags: #NoOneGetsLeftBehind #TeamVitality #RockiesVRS
#JHBVitalityRunSeries

See you on the road!

Your Vitality team