

## Chronic Illness Benefit medicine list (formulary) 2022

### Who we are

The Anglovaal Group Medical Scheme (referred to as "the Scheme"), registration number 1571, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

### Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Anglovaal Group Medical Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

Anglovaal Group Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

### Contact us

You can call us on **0860 100 693** or visit [www.avgms.co.za](http://www.avgms.co.za) for more information.

## **Explanation of terms**

### **Active ingredient**

This is the main substance in a medicine that is responsible for the clinical action on a human body.

### **Benefit year**

A benefit year refers to the benefits a member is entitled to during a calendar year, 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2022 only.

### **Chronic Disease List (CDL)**

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

### **Chronic Drug Amount (CDA)**

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

### **Medicine class**

This describes medicines that have similar chemical structures or similar therapeutic effects.

### **Prescribed Minimum Benefit (PMB) conditions**

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes according to clinical guidelines.



## The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) medicine list for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
				Beclate 200 dose 50mcg; 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
				Pulmicort turbuhaler 200 dose 100mcg; 200mcg
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/500
				Sereflo DPI 60 dose 50/100; 50/250
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
	R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Bipolar mood disorder	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Espradep 10mg
		Zyescito 10mg; 20mg		



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R140	Anti-depressants: SSRI's	Fluoxetine	Deprozan 20mg
				Fluoxetine 20 Oethmaan 20mg
				Prolax 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serlife 50mg; 100mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Clozapine Oethmaan 25mg; 100mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Truvalin 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
			Fluanxol depot 1ml 20mg	
		Zuclopenthixol	Clopixol 2mg; 10mg	
			Clopixol depot 200mg	
R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
			Abipip ODT 10mg; 15mg	
			Apripent 5mg; 10mg; 15mg	
			Aprizon 5mg; 10mg; 15mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Arizofy 5mg; 10mg; 15mg	
	R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispide 0.5mg; 1mg; 2mg	
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
Zoxadon ODT 0.5mg; 1mg; 2mg					
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg	
				Ventimax CFC free 200 dose 100mcg	
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Cardiac failure	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
			Lisozide 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg; 8/2.5mg	
				Perindopril co Unicorn 4/1.25mg	
				Prexum Plus 5/1.25mg	
				Spec-Perindopril Plus 4/1.25mg	
				Trexeva Plus 5/1.25mg	
				Vectoryl Plus 4/1.25mg	
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	
			Enalapril	Alapren 5mg; 10mg; 20mg	
				Enalapril Unicorn 10mg; 20mg	
				Hypace 5mg	
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
			Austell-Lisinopril 10mg; 20mg		
			Liso 5mg; 10mg; 20mg		
			Lizro 5mg; 10mg; 20mg		
			Sinopren 5mg; 10mg; 20mg		
			Perindopril		Ciplasyl 4mg
				Pearinda 4mg; 8mg	
				Perindopril Unicorn 8mg	
Prexum 10mg					
Ran-Perindopril 4mg					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R75	ACE inhibitors: Plain	Perindopril	Reprex 4mg; 8mg
				Vectoryl 8mg
				Zyace 4mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
			Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Ciplazar 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 100mg
			Valsartan	Adco-Valsartan 80mg; 160mg
				Regoval 80mg; 160mg
	Valheft 80mg; 160mg			
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
Bislo 5mg; 10mg				
Bisoprolol Unicorn 5mg; 10mg				
Bisozyd 5mg; 10mg				
Emcor 5mg; 10mg				
Presicard 5mg; 10mg				
R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg	
			Diuresix 40mg	
			Furobe 40mg	
			Mylan Furosemide 40mg	
R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg	
			Ridaq 12.5mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
				Catexan 2.5mg	
				Cipla-Indapamide 2.5mg	
				Dapril 2.5mg	
				Mylan Indapamide 2.5mg	
	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg	
	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
				Ultipot 600mg	
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
			Isosorbide mononitrate	Ismo 20mg	
				Monicor SR 60mg	
	R135	Influenza vaccines	Influenza, purified antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml		
			Pneumovax 23 single dose vial 0.5ml		
Cardiomyopathy	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
				Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
					Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
					Lisoretic 10/12.5mg; 20/12.5mg
			Lisozide 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg	
				Ciplasyl Plus 4/1.25mg	
				Circator Plus 4/1.25mg	
				Pearinda Plus 4/1.25mg; 8/2.5mg	
				Perindopril co Unicorn 4/1.25mg	
				Prexum Plus 5/1.25mg	
				Spec-Perindopril Plus 4/1.25mg	
				Trexeva Plus 5/1.25mg	
			Vectoryl Plus 4/1.25mg		
			R75	ACE inhibitors: Plain	Captopril
	Mylan Captopril 25mg; 50mg				
	Enalapril	Alapren 5mg; 10mg; 20mg			
		Enalapril Unicorn 10mg; 20mg			
		Hypace 5mg			
	Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg			
		Austell-Lisinopril 10mg; 20mg			
		Liso 5mg; 10mg; 20mg			
Lizro 5mg; 10mg; 20mg					
Sinopren 5mg; 10mg; 20mg					
Perindopril	Ciplasyl 4mg				
	Pearinda 4mg; 8mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength			
Cardiomyopathy	R75	ACE inhibitors: Plain	Perindopril	Perindopril Unicorn 8mg			
				Prexum 10mg			
				Ran-Perindopril 4mg			
				Reprex 4mg; 8mg			
				Vectoryl 8mg			
				Zyace 4mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg			
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg			
				Carvetrend 6.25mg; 12.5mg; 25mg			
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg			
				Losaar Plus 50/12.5mg; 100/25mg			
				Losartan comp Biotech 50/12.5mg; 100/25mg			
				Sartoc-co 50/12.5mg; 100/25mg			
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg			
				Tesar co 40/12.5mg; 80/12.5mg			
				Ticarda Plus 40/12.5mg; 80/12.5mg			
			Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg			
				R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
	Losartan	Annin 50mg; 100mg					
		Ciplazar 50mg; 100mg					
		Losartan Accord 50mg; 100mg					
	Valsartan	Zaario 50mg; 100mg					
		Zartan 100mg					
		Adco-Valsartan 80mg; 160mg					
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg			
				R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
							Hyperphen 10mg; 50mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg			
				Myoprin 100mg			
	R80	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg			
				Betacor 5mg; 10mg			
				Bilocor 5mg; 10mg			
				Bisbeta 5mg; 10mg			
Bislo 5mg; 10mg							
Bisoprolol Unicorn 5mg; 10mg							
Bisozyd 5mg; 10mg							
Emcor 5mg; 10mg							
Presicard 5mg; 10mg							





Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Diuresix 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Dapril 2.5mg
	Mylan Indapamide 2.5mg			
	R120	Potassium sparing agents	Spirolactone	Spiractin 25mg
	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
Ultipot 600mg				
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
R135	Influenza vaccines	Influenza, purified antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe	
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml	
			Pneumovax 23 single dose vial 0.5ml	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R165	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R886	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator (Rental)
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
Trolic 5mg				
R135	Influenza vaccines	Influenza, purified antigen	Vaxigrip tetra single dose 0.5ml pre-filled syringe	
Chronic renal disease	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg
				Lisoretic 10/12.5mg; 20/12.5mg
			Lisozide 10/12.5mg; 20/12.5mg	
		Perindopril and diuretics	Bioprexum Plus 10/2.5mg	
		Ciplasyl Plus 4/1.25mg		



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength		
Chronic renal disease	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Circator Plus 4/1.25mg		
				Pearinda Plus 4/1.25mg; 8/2.5mg		
				Perindopril co Unicorn 4/1.25mg		
				Prexum Plus 5/1.25mg		
				Spec-Perindopril Plus 4/1.25mg		
				Trexeva Plus 5/1.25mg		
				Vectoryl Plus 4/1.25mg		
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg		
				Mylan Captopril 25mg; 50mg		
			Enalapril	Alapren 5mg; 10mg; 20mg		
				Enalapril Unicorn 10mg; 20mg		
				Hypace 5mg		
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
			Austell-Lisinopril 10mg; 20mg			
			Liso 5mg; 10mg; 20mg			
			Lizro 5mg; 10mg; 20mg			
			Sinopren 5mg; 10mg; 20mg			
			Perindopril		Ciplasyl 4mg	
				Pearinda 4mg; 8mg		
				Perindopril Unicorn 8mg		
				Prexum 10mg		
				Ran-Perindopril 4mg		
				Reprex 4mg; 8mg		
				Vectoryl 8mg		
				Zyace 4mg		
			R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
	Losaar Plus 50/12.5mg; 100/25mg					
	Losartan comp Biotech 50/12.5mg; 100/25mg					
	Sartoc-co 50/12.5mg; 100/25mg					
	Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg				
		Tesar co 40/12.5mg; 80/12.5mg				
		Ticarda Plus 40/12.5mg; 80/12.5mg				
	Valsartan and diuretics	Regoval co 80/12.5mg; 160/12.5mg; 160/25mg				
	R110	Angiotensin II antagonists: Plain			Irbesartan	Jubitan 150mg; 300mg
						Losartan
			Ciplazar 50mg; 100mg			
			Losartan Accord 50mg; 100mg			
Zaario 50mg; 100mg						
Zartan 100mg						
Valsartan			Adco-Valsartan 80mg; 160mg			
			Regoval 80mg; 160mg			
	Valheft 80mg; 160mg					
R300	Calcium supplements	Calcium carbonate	B-cal			



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
				Equifer ampoule 5ml 100mg/5ml
				Rautevene ampoule 5ml 100mg/5ml
				Zypiron vial 5ml 20mg/1ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml 80mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 100mcg/0.5ml
			Erythropoietin	Eporex pre-fill 2000U/0.5ml
				Eporex pre-fill 4000U/0.4ml
				Repotin ampoule 1ml 2000U; 4000U
			Methoxy polyethylene glycol- epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 120mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 150mcg/0.3ml
Mircera pre-filled syringe 0.3ml 200mcg/0.3ml				
Mircera pre-filled syringe 0.3ml 250mcg/0.3ml				
R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg	
Coronary artery disease	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
Bisozyd 5mg; 10mg				
Emcor 5mg; 10mg				
Presicard 5mg; 10mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
			Verapamil	Vasomil 40mg; 80mg
				Verahexal SR 240mg
				Verahexal 40 Oethmaan 40mg
	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
				Amlodipine Unicorn 5mg; 10mg
				Amtas 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
				Ciplavasc 5mg; 10mg
				Gulf Amlodipine 5mg; 10mg
				Lomanor 5mg; 10mg
				Pharma Dynamics Amlodipine besylate 5mg; 10mg
				Felodipine
	Plendil 2.5mg; 5mg			
Nifedipine	Cipalat Retard 20mg			
	Cipalat XR 30mg; 60mg			
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Sandoz Isosorbide dinitrate 5mg; 10mg	
			Isosorbide mononitrate	Ismo 20mg
				Monicor SR 60mg
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R980	Intestinal anti- inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
				Sulfasalazine
	Salazopyrin EN 500mg			
	R1 940	Intestinal anti- inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
				Imuran 50mg
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Diabetes insipidus	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg
				Ddavn nasal spray 5ml 0.1mg/1ml



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720</b>			
	R515	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml
			Insulin Glulisine	Apidra - cartridge 3ml
				Apidra solostar - disposable pen 3ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml
			Insulin Human	Humulin 30/70 - cartridge 3ml
				Humalog mix 25 - cartridge 3ml; kwikpen 3ml
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Lispro	Humalog mix 50 - cartridge 3ml; kwikpen 3ml
				Insulin Detemir
			Insulin Glargine	Basaglar - cartridge 3ml Optisulin - cartridge 3ml
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R280	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active
				Accu-check test strip glucose instant
				Glucocheck key test strip
				Glucocheck test strip
				Test strip blood glucose clicks bionime gs550
				Test strip freestyle optimum glucose
				Test strip glucose caresens n 29g
				Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose fora diamond blood
				Test strip glucose on call plus ez
				Test strip onetouch select plus
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
Microlet lancet				
Needles			BD micro fine plus pen needle 30g 8mm	
			BD micro fine plus pen needle 31g	
			BD micro fine plus pen needle 32g 4mm	
			Droplet pen needle 8mm 31g	
			Needle insulin fora pen 31g 5mm	
			Needle insulin fora pen 31g 8mm	
			Needle insulin fora pen 32g 4mm	
			Needle insulin fora pen 32g 6mm	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R350	Surgical item	Needles	Needle insulin pen verifine 4mmx10cmx15cm 32g	
				Needle insulin pen verifine 4mmx10cmx15cm 33g	
				Needle novofine	
			Syringes	Syringe insulin 1.0ml with 27g needle	
				Syringe insulin bd microfine 12.7mm 1ml 9g	
				Syringe insulin bd microfine 1ml 8mm 30g	
				Syringe insulin bd microfine 8mm demi 0.3ml 30g	
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg	
				Apex-Metformin 500mg	
				Austell-Metformin 500mg; 850mg	
				Bigsens 1000mg	
				Diaphage 500mg; 850mg; 1000mg	
				Gluconorm 500mg; 850mg	
				Mylan Metformin 500mg; 850mg; 1000mg	
				Romidab 500mg; 850mg; 1000mg	
	<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720</b>				
	R515	Anti-diabetic agents: Fast-acting Insulins		Insulin Aspart	Novorapid - penfill 3ml
				Insulin Glulisine	Apidra - cartridge 3ml
					Apidra solostar - disposable pen 3ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)		Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml
				Insulin Human	Humulin 30/70 - cartridge 3ml
					Humalog mix 25 - cartridge 3ml; kwikpen 3ml
R440	Anti-diabetic agents: Long-acting Insulins		Insulin Lispro	Humalog mix 50 - cartridge 3ml; kwikpen 3ml	
			Insulin Detemir	Levemir - pre-filled cartridge 3ml	
				Insulin Glargine	Basaglar - cartridge 3ml
R160	Anti-diabetic agents: Sulfonamides, urea derivatives		Gliclazide	Diagluclide MR 60mg	
				Diaran MR 30mg	
				Dyna Gliclazide SR 30mg	
				Gliclazide Unicorn MR 30mg	
				Glytab MR 30mg	
R215	Anti-diabetic agents: Thiazolidinediones		Pioglitazone	Cipla-Pioglitazone 15mg; 30mg	
				Pioglitazone hydrochloride Macleods 15mg; 30mg	
R35	Aspirin: Cardiovascular		Acetylsalicylic acid	Aspirin Teva 80mg	
				Myoprin 100mg	
R280	Blood glucose monitoring agents		Glucose strips	Accu-check test strip glucose active	
				Accu-check test strip glucose instant	
				Glucocheck key test strip	
				Glucocheck test strip	
				Test strip blood glucose clicks bionime gs550	
				Test strip freestyle optimum glucose	
				Test strip glucose caresens n 29g	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R280	Blood glucose monitoring agents	Glucose strips	Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose fora diamond blood
				Test strip glucose on call plus ez
				Test strip onetouch select plus
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
				Needles
			BD micro fine plus pen needle 31g	
			BD micro fine plus pen needle 32g 4mm	
			Droplet pen needle 8mm 31g	
			Needle insulin fora pen 31g 5mm	
			Needle insulin fora pen 31g 8mm	
			Needle insulin fora pen 32g 4mm	
			Needle insulin fora pen 32g 6mm	
			Needle insulin pen verifine 4mmx10cmx15cm 32g	
			Needle insulin pen verifine 4mmx10cmx15cm 33g	
			Syringes	Syringe insulin 1.0ml with 27g needle
				Syringe insulin bd microfine 12.7mm 1ml 9g
				Syringe insulin bd microfine 1ml 8mm 30g
Syringe insulin bd microfine 8mm demi 0.3ml 30g				
Dysrhythmia	R680	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
				Tambocor CR 100mg; 200mg
	R425	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Bio-Amiodarone 200mg
				Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				Purbloka 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
Tenopress 50mg; 100mg				
Bisoprolol			Adco-Bisacor 5mg; 10mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R80	Beta blocking agents: Selective	Bisoprolol	Betacor 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
R250	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg	
			Verahexal SR 240mg	
			Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R285	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Rivotril 0.5mg; 2mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
			Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
				Epikepp 250mg; 500mg; 750mg
				Redilev 250mg; 500mg; 750mg
Topiramate				
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Folic acid 5mg	
Glaucoma	R220	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%
				Trusopt 5ml owi 2%





Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Glaucoma	R245	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 0.01%
			Latanoprost	Atana 2.5ml 50mcg/1ml
				Spersatan 2.5ml 50mcg/1ml
				Xalatan 2.5ml 50mcg/1ml
			Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml
	Travoprost	Travatan 2.5ml 0.004%		
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
				Brimoct 5ml 2mg/1ml
	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%
				Timoptol-xe 2.5ml 0.5%
	R275	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml
				Co-Atana 2.5ml
				Combigan 5ml 2mg/5mg
				Cosopt 5ml 0.5%
				Duotrav 2.5ml
				Ganfort 3ml
				Glaumide-co 5ml
Glauopt co 5ml				
Ocudor co 5ml				
Xalacom 2.5ml				
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol 500mg
				Adco-Prolief 500mg
				Cetapon 500mg
	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranic 500mg
	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
				Octanate vial 5ml 250U
			Coagulation factor IX	Octanate vial 10ml 500U; 1000U
				Haemosolvex IX 500U
	R1 700	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg
				Ddavn nasal spray 5ml 0.1mg/1ml
Hyperlipidaemia	R335	Lipid modifying agent: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
	R300	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
				Sandoz Bezafibrate 400mg
	R55	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg
				Aspavor 10mg; 20mg; 40mg
				Astor 10mg; 20mg; 40mg; 80mg
				Dezzolip 10mg; 20mg; 40mg; 80mg
Dynator 10mg; 20mg; 40mg; 80mg				
Lipogen 10mg; 20mg; 40mg; 80mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength					
Hyperlipidaemia	R55	Lipid modifying agents: Statins	Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg					
				Austell-Simvastatin 10mg; 20mg; 40mg					
				Choleste 10mg; 20mg; 40mg					
				Cipla-Simvastatin 10mg; 20mg; 40mg					
				Simvacor 10mg; 20mg; 40mg					
Hypertension	R175	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg					
				Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg					
	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co	20/12.5mg				
					Lisinopril and diuretics	Adco-Zetomax co	10/12.5mg; 20/12.5mg		
							Lisinopril co Unicorn	10/12.5mg; 20/12.5mg	
								Lisoretic 10/12.5mg; 20/12.5mg	
								Lisozide 10/12.5mg; 20/12.5mg	
					Perindopril and diuretics	Bioprexum Plus	10/2.5mg		
								Ciplasyl Plus	4/1.25mg
								Pearinda Plus	4/1.25mg; 8/2.5mg
	Prexum Plus	5/1.25mg							
			Spec-Perindopril Plus	4/1.25mg					
	Trexeva Plus	5/1.25mg							
			Vectoryl Plus	4/1.25mg					
	R190	ACE inhibitors, other combinations			Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg			
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril	25mg				
					Mylan Captopril	25mg; 50mg			
			Enalapril	Alapren		5mg; 10mg; 20mg			
					Enalapril Unicorn		10mg; 20mg		
								Hypace	5mg
					Lisinopril		Adco-Zetomax		
			Austell-Lisinopril	10mg; 20mg					
						Liso		5mg; 10mg; 20mg	
			Lizro	5mg; 10mg; 20mg					
						Sinopren		5mg; 10mg; 20mg	
			Perindopril	Ciplasyl					4mg
					Pearinda	4mg; 8mg			
							Perindopril Unicorn	8mg	
					Prexum	10mg			
							Ran-Perindopril	4mg	
Reprex					4mg; 8mg				
						Vectoryl	8mg		
Zyace					4mg				
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg					



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R220	Alpha and Beta blocking agents	Carvedilol	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
	R210	Angiotensin II antagonists and calcium channel blockers	Valsartan and Amlodipine	Calsar 5/80mg; 5/160mg; 10/160mg
				Copalia 5/160mg; 10/160mg
				Valduo 5/160mg; 10/160mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Co-Normoten 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Sartoc-co 50/12.5mg; 100/25mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
	Valsartan and diuretics	Ticarda Plus 40/12.5mg; 80/12.5mg		
		Regoval co 80/12.5mg; 160/12.5mg; 160/25mg		
	R225	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
				Losartan
			Ciplazar 50mg; 100mg	
			Losartan Accord 50mg; 100mg	
			Zaario 50mg; 100mg	
			Valsartan	Zartan 100mg
	Adco-Valsartan 80mg; 160mg			
	R190	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen 1mg; 4mg
				Urodoxa 4mg
	R170	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Mylan Methyldopa 250mg
	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg	
			Hyperphen 10mg; 50mg	
R200	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg	
			Purbloka 40mg	
R80	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg	
			B-Block 50mg; 100mg	
			Tenopress 50mg; 100mg	
		Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Betacor 5mg; 10mg	
			Bilocor 5mg; 10mg	
Bisbeta 5mg; 10mg				



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R80	Beta blocking agents: Selective	Bisoprolol	Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Bisozyd 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R125	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R40	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Diuresix 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Dapril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spirolactone	Spiractin 25mg
	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
				Ultipot 600mg
	R250	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
				Verapamil
			Verahexal SR 240mg	
			Verahexal 40 Oethmaan 40mg	
	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
				Amlodipine Unicorn 5mg; 10mg
				Amtas 5mg; 10mg
Aprate 5mg; 10mg				
Austell-Amlodipine 5mg; 10mg				
Ciplavasc 5mg; 10mg				
Gulf Amlodipine 5mg; 10mg				
Lomanor 5mg; 10mg				
Pharma Dynamics Amlodipine besylate 5mg; 10mg				
Felodipine				Felodipine Kiara 5mg; 10mg
			Plendil 2.5mg; 5mg	
Nifedipine			Cipalat Retard 20mg	
			Cipalat XR 30mg; 60mg	
Hypothyroidism			R35	Thyroid hormones
Multiple sclerosis	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell 10mg
				Amitriptyline HCl Kiara 25mg
				Gulf Amitriptyline 25mg
				Trepiline 10mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Multiple sclerosis	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
				Interferon Beta-1B
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
				R20
Panafcort 5mg				
Trolic 5mg				
Parkinson's disease	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R570	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R700	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg
Teva Carbi-Levo 25/100mg; 25/250mg				
Rheumatoid arthritis	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
			Panamor AT 50mg	
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg	
			Betaprofen FC 400mg	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Mylan Naproxen 250mg
				Naproscript 250mg
	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R980	Intestinal anti-inflammatories: Aminosalicilyc acid and similar agents	Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
				Imuran 50mg
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Ravalef 10mg; 20mg	
			Rheumalef 10mg; 20mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Schizophrenia	R140	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Espradep 10mg
				Zyescito 10mg; 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine 20 Oethmaan 20mg
				Prolax 20mg
	Sertraline	Dyna Sertraline 50mg; 100mg		
		Serlife 50mg; 100mg		
R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg	
			Tegretol CR 200mg; 400mg	
			Zeptol 200mg	
R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
			Convulex syrup 250mg/5ml	



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Clozapine Oethmaan 25mg; 100mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	Anti-psychotics: Olanzapine	Olanzapine	Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Truvalin 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
			Abipip ODT 10mg; 15mg	
			Apripent 5mg; 10mg; 15mg	
			Aprizon 5mg; 10mg; 15mg	
			Arizofy 5mg; 10mg; 15mg	
R440	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
			Zoxadon ODT 0.5mg; 1mg; 2mg	
Systemic lupus erythematosus (SLE)	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Mylan Naproxen 250mg
				Naproscript 250mg
	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
Imuran 50mg				
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
			Topivate cream 0.1%	
			Vari-Betamethasone cream 0.1%	
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
Mezavant 1200mg				





Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Ulcerative colitis	R980	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Pentasa 500mg
				Pentasa suppository 1000mg
			Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
				Imuran 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				



## The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) Enhanced medicine list for Anglovaal Group Medical Scheme

Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Asthma	R270	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Monteflo 4mg; 5mg; 10mg
				Sintrine 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg
Fluticasone				Flomist 120 dose 50mcg
Cardiac failure	R415	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Forxiga 5mg; 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R410	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R390	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
				Tiotor 10 (30 caps & inhaler)
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Foxair accuhaler 60 dose 50/500
				Sereflo DPI 60 dose 50/100; 50/250
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
R240	Vilanterol and Fluticasone	Vilanterol and Fluticasone furoate	Relvar ellipta 30 dose 92/22mcg	
Chronic renal disease	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Acticlop 75mg
				Clopidogrel Unicorn 75mg
				Clovexa 75mg
				Deplatt 75mg
				Pharma Dynamics Clopidogrel 75mg



Chronic Disease List condition	Chronic drug amount	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R235	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Plagrol 75mg
Diabetes mellitus Type 2	R225	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg
	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose Byetta disposable pen 60 dose 2.4ml 10mcg/dose
	R220	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg
	R415	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Forxiga 5mg; 10mg
Multiple sclerosis	R7 000	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
	R7 000	Selective immunosuppressive agents - Fingolimod	Fingolimod	Myelenea 0.5mg
Rheumatoid arthritis	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn 100mg; 200mg
				Coxleon 100mg; 200mg

## Monthly limit amounts for diabetes consumables

The monthly limit amounts below apply to the consumables for continuous glucose monitors and insulin pumps for the management of Diabetes mellitus Type 1.

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 560 (for members < 18 years)	Continuous glucose monitoring sensors
	R1 170 (for members ≥ 18 years)	
	R1 552	Insulin pump reservoirs and infusion sets

## Complaints process

You may lodge a complaint or query with Anglovaal Group Medical Scheme directly on **0860 100 693** or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Anglovaal Group Medical Scheme's internal disputes process. Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za). Customer Care Centre: **0861 123 267**/website [www.medicalschemes.co.za](http://www.medicalschemes.co.za)